

JW CLOSED INVITATIONAL IMX CHALLENGE MEET

DECEMBER 10-11, 2011

HELD UNDER THE SANCTION OF MIDDLE ATLANTIC SWIMMING, INC. SANCTION # MA 1246 IMX

**JERSEY WAHOOS SWIM CLUB
4101 CHURCH ROAD
MT. LAUREL, NJ 08054**

<u>FACILITY:</u>	6 lane/25 yd pool equipped w/competitor lane lines & paragon starting blocks. 12 ft depth at starting end and 3½ ft depth at turn end . Colorado 6000 starting system w/6 lane display. The competition course has not been certified in accordance with USA Swimming rule 104.2.2C(4). Spectator area w/seating for approximately 225 individuals. Parking for 500 vehicles/refreshments available in our concession area. DAY OF MEET EMERGENCY TELEPHONE 856/234-5898
<u>MEET & SAFETY DIRECTORS:</u>	MEET / TODD BRYAN (856-234-5898) SAFETY / MIKE SIMUNEK (856-234-5898)
<u>OFFICIALS:</u>	All USA certified officials and trainees are invited to officiate at this meet. Contact Bob Binz, official's coordinator, at 856/853-0119.
<u>ELIGIBILITY:</u>	Open to invited swimmers registered with USA Swimming. Swimmer's age as of Dec. 10, 2011 , governs age group participation for the entire meet.
<u>ENTRY LIMITATIONS:</u>	Meet management may add sessions, shift an event, limit the number of entries, eliminate certain events and/or heats, and any other reasonable modification to the meet format in order to complete sessions within the four (4) hour session limit. Notice will be provided promptly to swimmers and teams concerning modifications to the meet or changes to any entries/events/heats. Entry fees will be refunded to teams/swimmers whose entries have been rejected or who are unable to compete due to limitations.
<u>ATHLETES WITH DISABILITIES</u>	Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
<u>WARM-UPS</u>	Lane assignments will be posted around the pool deck. Sprints are included as a 5-minute segment of each warm-up period. Additional warm-up sessions may be added if necessary. Lesson pool will be available for warm-up/warm-down.

	<u>WARM UP</u>	<u>MEET</u>	<u>NOTES</u>
SATURDAY AGES 9/10 & SENIOR	8:00 AM	9:45 AM	<i>Senior 500 free will start 5 minutes after the morning session</i>
SUNDAY AGES 9/10 & SENIOR	8:00 AM	9:45 AM	<i>Senior 400 will start 5 minutes after the morning session</i>

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SATURDAY		
SESSION 1 ALL SWIMMERS		
WARM-UP 8:00 AM START 9:45 AM		
GIRLS	EVENT	BOYS
1	11-12 50 FLY	2
3	SR 100 BREAST	4
5	13-14 100 BREAST	6
7	11-12 200 BREAST	8
9	9-10 100 BREAST	10
11	SR 200 FLY	12
13	13-14 200 FLY	14
15	11-12 200 FLY	16
17	9-10 50 FLY	18
19	SR 100 BACK	20
21	13-14 100 BACK	22
23	11-12 100 BACK	24
25	9-10 100 BACK	26
27	11-12 50 BREAST	28
29	SR 50 FREE	30
31	13-14 50 FREE	32
33	11-12 50 FREE	34
35	9-10 50 FREE	36
37	SR 200 IM	38
39	13-14 200 IM	40
41	11-12 200 IM	42
43	9-10 200 IM	44
45	13/O 500 FREE	46
47	9-12 500 FREE	48

SUNDAY ALL SWIMMERS		
SESSION 2 AGES 11-14		
WARM-UP 8:00 AM START 9:45 AM		
GIRLS	EVENT	BOYS
49	11-12 100 IM	50
51	9-10 100 IM	52
53	SR 200 BACK	54
55	13-14 200 BACK	56
57	11-12 200 BACK	58
59	9-10 50 BACK	60
61	SR 100 FREE	62
63	13-14 100 FREE	64
65	11-12 100 FREE	66
67	9-10 100 FREE	68
69	SR 100 FLY	70
71	13-14 100 FLY	72
73	11-12 100 FLY	74
75	9-10 100 FLY	76
77	SR 200 BREAST	78
79	13-14 200 BREAST	80
81	11-12 100 BREAST	82
83	9-10 50 BREAST	84
85	11-12 50 BACK	86
87	SR 200 FREE	88
89	13-14 200 FREE	90
91	11-12 200 FREE	92
93	9-10 200 FREE	94
95	13/O 400 IM	96
97	9-12 400 IM	98

ALL EVENTS ARE TIMED FINALS EVENTS

500 FREE & 400 IM will be swum together, scored separately as 15/o, 13-14, 11-12, 9-10

SWIMMERS MUST PROVIDE TIMERS FOR THE 500 FREE & 400 IM

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<p><u>SEEDING:</u></p>	<p>All events will be seeded after teams declare scratches, EXCEPT 1st event of each session, which will be pre-seeded</p> <p>Each Team will have a roster with all events listed for each session except 400IM & 500 free. <u>All sheets must be turned into the computer operator 30 minutes after the start of warm up.</u> Swimmers that are present and swimming will have lines through their names. Swimmers that are being scratched will have their names circled with "SCR" next to the circle. Swimmers scratching a single event will have a line through their names and the event number circled with "SCR" next to the circle. Please use a simple line, not a scribble, so that the name can still be read. No penalty if you don't swim after checking in. 400IM/500 free will have a separate check-in.</p>
<p><u>500 Free & 400 IM</u></p>	<p><i>Swimmers must provide their own timers for 500 free and 400 IM.</i></p> <p><u>SENIOR 500 FREE/400 IM</u> PARTICIPATION MUST BE CONFIRMED BY 10:30 AM. <u>11/14 500 FREE/400 IM</u> PARTICIPATION MUST BE CONFIRMED BY 4:30 PM.</p>
<p><u>HOW TO ENTER:</u></p>	<p>Swimmers may enter a maximum of 5 events per day.</p> <p><u>HY-TEK ENTRIES PREFERRED</u></p> <p><u>Entries should be submitted as an e-mail attachment addressed to:</u></p> <p><u>jwmeets@jerseywahoos.org</u> SUBJECT = (YOUR TEAM) IMX CHALLENGE MEET ENTIRES BODY MUST INCLUDE: Team name / Number of swimmers / Number of entries ATTACHMENTS: ENTRY FILE / TM ENTRY REPORT</p> <p>Electronic data will be considered the official version of meet entries. Electronic data supersedes any information contained on teams' entry printouts with respect to resolution of errors/discrepancies.</p>
<p><u>CLOSE:</u></p>	<p>4:30 PM, FRIDAY, DECEMBER 2, 2011. LATE ENTRIES WILL NOT BE ACCEPTED.</p>
<p><u>FEES:</u></p>	<p>\$4.00/INDIVIDUAL EVENT. \$15.00 SURCHARGE/SWIMMER (IF APPLICABLE). CHECKS PAYABLE TO "JERSEY WAHOOS SWIM CLUB."</p>
<p><u>SURCHARGE:</u></p>	<p><u>\$15.00 PER SWIMMER FOR ALL MANUALLY PREPARED ENTRIES.</u> (Entries not sent using Hy-Tek software). Failure to remit payment will result in rejection of entries. Manually prepared entries (\$15.00/swimmer surcharge) should be submitted on the form attached to this announcement and transmitted as an e-mail attachment. The announcement is available from our website at (http://www.jerseywahoos.org/) and the MA Swimming website http://www.maswim.org/</p> <p>We encourage individuals to use the free TM –Lite or purchase Hy-Tek Personal Swim Manager to enter meets. TM-Lite is available for download via a link on Jersey Wahoos web page or at the Hy-Tek website.</p>

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<p><u>SEND ENTRIES & PAYMENT TO:</u></p>	<p>IMX MEET ENTRIES COORDINATOR C/O JERSEY WAHOOS 4101 CHURCH RD MT. LAUREL, NJ 08054</p> <p>Meet Summary MUST accompany payment.</p>
<p><u>RULES:</u></p>	<p>Current USA and Middle Atlantic LSC rules will govern the meet. 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun. USA swimming/ MA swimming safety guidelines and warm-up procedures will be in effect for the entire meet. Only currently credentialed coaches, USA swimming registered athletes and meet personnel will be permitted on deck.</p> <p>Penalties will be imposed on swimmers (in accordance with USA/MA LSC rules) when any coach, parent, or swimmer enters a time other than a best time, for any event. Failure to swim in a deck seeded event after checking in will result in a 1-event penalty. The swimmer will not be allowed to swim in their next individual event.</p>
<p><u>RACING START CERTIFICATION:</u></p>	<p>Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</p>
<p><u>ON-SITE REGISTRATION:</u></p>	<p>Unregistered swimmers may register on deck at this meet by turning in the athlete registration form and payment to the Meet Director. The cost of registering on deck is double the normal fee (\$120 per swimmer for 2011-12 registration). This applies to all swimmers attached to a club.</p>
<p><u>INQUIRIES:</u></p>	<p>REFER QUESTIONS ABOUT THE ENTRIES AND THE MEET TO TODD BRYAN, MEET DIRECTOR AT 856/234-5898 OR E-MAIL AT jwmeets@jerseywahoos.org. This is the official contact point for meet information and entries. Meet management is not accountable for misinformation provided from any other source.</p>
<p><u>AWARDS:</u></p>	<p><u>WAHOOS WILL NOT MAIL AWARDS IF YOUR TEAM FAILS TO PICK THEM UP</u> 14/under swimmers entered with USA "BB" - Rosettes 1st, Ribbons 2-6 14/under swimmers entered with USA "C" - Ribbons 1st through 6th</p> <p>THE FOLLOWING SINGLE AGE GROUPS AND EVENT COMBINATIONS WILL BE TABULATED AND SCORED FOR BOTH MEN AND WOMEN:</p> <p><u>9 & UNDER; 10-YEAR OLDS:</u> 200 IM, 200 FREE, 100 BACK, 100 BRST, 100 FLY</p> <p><u>11-YEAR OLDS; 12-YEAR OLDS:</u> 200 IM, 400/500 FREE, 100 BACK, 100 BRST, 100 FLY</p> <p><u>13, 14, 15, 16, 17, AND 18 -YEAR OLDS:</u> 200 IM, 400 IM, 400/500 FREE, 200 BACK, 200 BRST, 200 FLY</p> <p>TROPHIES WILL BE PRESENTED TO THE MALE-FEMALE SWIMMER IN EACH AGE GROUP WHO ACHIEVES THE HIGHEST POWER POINTS FOR DESIGNATED IMX EVENTS – MUST SWIM ALL LISTED EVENTS</p>

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<u>ADMISSION:</u>	<p>\$6.00 FOR ADMISSION/ PERSON</p> <p>Psych Sheet will be posted on JW website. Session programs will be posted behind the blocks & stands after seeding events. A limited number of heat sheets will be available at the admissions desk for \$3.00 after seeding the session (about 10 minutes after the start of the session)</p>		
<u>RESULTS:</u>	<p>Final results will be posted on the Wahoos website and transmitted to all clubs that sent an entry via E-mail. Results will also be posted on the Middle Atlantic website. Results will NOT be mailed</p>		
<u>DECK ENTRIES:</u>	<p>DECK ENTRIES MAY BE ACCEPTED AT THE MEET for \$8.00. See Meet director with proof of current registration. Counts toward 5 event limit for the day. Award eligible.</p>		
<u>VOLUNTEERS:</u>	<p>Free admission/refreshments will be provided to anyone who volunteers as a timer, runner, or other capacities designated by the meet director.</p>		
<u>SWIMMERS W/OUT COACHES:</u>	<p>Swimmers unaccompanied by a credentialed coach must report to the meet director prior to warm-ups for each session.</p>		
<u>SPECTATORS:</u>	<p>Seating is first come/first served. Seating on the lower deck is for use by swimmers and coaches. Spectators are prohibited from areas of the deck that are in use by coaches and officials with current USA credentials.</p>		
<u>DIRECTIONS:</u>	<p>Jersey Wahoos is located just off southbound route 73, behind Bennigan's, below route 295 and the New Jersey turnpike (take exit #4 to route 73 south). Continue on route 73 South and make a right turn into Bennigan's. Proceed to the parking lot in the rear of Bennigan's. You may park in this lot or in the Wahoos' parking lot.</p>		
<u>HOTELS:</u>	<p>STAYBRIDGE SUITES 4115 CHURCH RD. MT LAUREL NJ 08054 856-722-1900</p> <p>FAIRFIELD INN 350 CENTURY BLVD MT. LAUREL, NJ 856/642-0600 ASK FOR PAT</p>	<p>MARIOTT COURTYARD 1000 CENTURY PARKWAY MT. LAUREL, NJ 856/273-4400</p> <p>HOJO EXPRESS 1104 ROUTE 73 MT. LAUREL, NJ 856/778-3500</p>	<p>WYNDHAM 1111 ROUTE 73 MT. LAUREL, NJ 856/234-7000</p> <p>LAUREL INN 550 FELLOWSHIP MT. LAUREL, NJ 856/235-7400</p>

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MEET ENTRY SUMMARY FORM MUST ACCOMPANY PAYMENT

MEET: JW IMX CHALLENGE

TEAM: _____ SYMBOL: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

COACH: _____

TEAM CONTACT: _____

TELEPHONE: _____

EMAIL: _____

CHECK THIS BOX IF ENTRY WAS E-MAILED

ENTRY FEE SUMMARY

TOTAL NUMBER OF ENTRIES: _____

MULTIPLY BY: \$4.00

SURCHARGE* (If applicable) \$ _____ (\$15.00/SWIMMER)

TOTAL ENTRY FEES: \$ _____

ATHLETE SUMMARY

NUMBER OF MALE ATHLETES: _____ ENTRIES: _____

NUMBER OF FEMALE ATHLETES: _____ ENTRIES: _____

TOTAL NUMBER OF ATHLETES: _____ TOTAL: _____

* \$15.00 PER SWIMMER FOR ALL MANUALLY PREPARED ENTRIES.

(Entries not sent using Hy-Tek software). Failure to remit payment will result in rejection of entries. We encourage individuals to use the free TM-Lite or purchase Hy-Tek Personal Swim Manager to enter meets. TM-Lite is available for download via a link on Jersey Wahoos web page or at the Hy-Tek website

I ATTEST THAT THE ENTERED ATHLETES ARE PROPERLY REGISTERED WITH USA SWIMMING AND THAT THEY HAVE ACHIEVED THE SEED TIMES RECORDED.

Signature of head coach or authorized team representative