



# Autumn Harvest October 24-26, 2008 Jersey Wahoos



*The Annual Autumn Harvest meet was held at our own Jersey Wahoos on the 24<sup>th</sup> to the 26<sup>th</sup> of October. It was the first meet of the season for many of our swimmers. The meet yielded many personal bests.*

**Justin Accardi, 9**, had a great Autumn Harvest meet, dropping 5 seconds in the 100 back and 100 IM, and also in the 100 fly in which he placed 2<sup>nd</sup>. **Josh Bartel, 10**, achieved a new BB time in the 50 breaststroke by dropping over 2 seconds and also dropped 11 seconds in the 100 free, 31 seconds in the 200 IM and 14 seconds in the 50 fly. **Lauren Belecanech, 10**, achieved a new AA time standard in the 100 IM and a new A time standard in the 50 fly she also placed 1<sup>st</sup> in 5 events. **Nicholas Belecanech, 10**, had a nice 1.5 second time drop in the 100 back and placed 1<sup>st</sup> in 6 of the 8 events that he swam. **Duncan Brookover, 10**, had a nice meet, dropping time in 4 events while placing top 3 in nearly every event that he swam. **Keely Brown, 10**, achieved a new BB time in the 100 back, dropping nearly 5 seconds in that event, and also had big drops in the 50 free and 100 breaststroke. **Carissa Campbell, 9**, hit new BB time standards in the 100 free, 100 IM, 50 free and 50 back and dropped over 12 seconds in the 100 IM and the 50 breaststroke. **Catherine Carroll, 10**, achieved BB times in the 100 IM and 50 free and dropped nearly 3 seconds in the 100 IM. **Jonel Carroll, 9**, hit a new B time standard in the 50 free with a 3.5 second time drop. **Ryan Carroll, 9**, achieved a new BB time in the 50 back and had huge time drops of 10 seconds in the 100 breaststroke and 6 seconds in the 50 fly. **AJ Caruso, 9**, swam a nice meet, dropping 2.5 seconds in the 100 free. **Lauren Cavanaugh, 9**, made a new BB time in the 100 breaststroke, in which she placed 3<sup>rd</sup> and dropped nearly 3 seconds. **Kate Circus, 10**, swam 8 events at the meet and placed 6<sup>th</sup> in the 100 free. **Moira Conville, 10**, swam three events at the meet, the 100 IM, 50 free and 50 back.

**Saylor Cook, 10**, achieved new A times in the 100 free, 100 back and 100 IM, placed top 3 in all of her events except for one, and dropped 8 seconds in the 100 back. **Anthony DiCarlo, 10**, made a new A time standard in the 100 fly and a new BB time standard in the 100 IM and had one 1<sup>st</sup> and 3 2<sup>nd</sup> places finishes at the meet. **Taylor Dirscherl, 9**, hit new BB times in the 100 back, 100 IM and 100 breaststroke and dropped over 6 seconds in the 100 breaststroke and 100 IM. **Nick DiSanti, 10**, hit a new BB time in the 50 back, had an 8 second time drop in the 100 free, and placed 2<sup>nd</sup> in two events and 3<sup>rd</sup> in one event at the meet. **Emma Evangelista, 9**, had some great time drops at the meet, dropping 11 seconds in the 200 IM, 6.5 seconds in the 100 IM and 15 seconds in the 200 free. **Sean Finias, 10**, had a great meet, placing 2<sup>nd</sup> in 5 events and 3<sup>rd</sup> in 3 events. **Vanessa Finnan, 9**, swam the 100 free, 50 breaststroke and 100 back at this meet, doing a terrific job in each race, **Kayla Gagnon, 9**, hit new BB times in the 100 free, 50 fly, 100 IM, and 50 free, placed 1<sup>st</sup> in the 100 free, and dropped nearly 8 seconds in the 100 back. **Reyne Haas, 10**, made new BB times in the 100 IM, 50 free, 50 back and 50 fly, placed top 3 in all races, and dropped nearly 20 seconds in the 100 IM. **Megan Helf, 9**, swam a tremendous 8 events at the meet and did well in all. **Jarod Holgado, 10**, hit a new B time standard in the 100 breaststroke, placing 1<sup>st</sup> with a 14 second time drop, and placed 2<sup>nd</sup> in the 50 free. **Steffi Holland, 10**, made her B time in the 200 free and had huge time drops at this meet, dropping 10 seconds in the 100 free, 25 seconds in the 200 IM and 21 seconds in the 200 free. **Brianna Horn, 10**, swam an ambitious 8 events at the meet over two days and performed great in every event. **Laura Hornyak, 10**, also had a great meet, swimming in 8 events. **Brianna Hough, 9**, swam 10 big events at the meet and did well in all. **Natalie Kelly, 10**, hit a new BB time in the 50 fly, placing 3<sup>rd</sup> in that event and dropping 3 seconds. **Lauren Kerner, 9**, made a new A time in the 50 free and placed 1<sup>st</sup> in 2 events at the meet and 2<sup>nd</sup> in 4 events. **Gracie Kowal, 10**, established new BB times in the 50 breaststroke, 50 free and 100 breaststroke, dropped 4 seconds in the 50 fly, and placed 1<sup>st</sup> in the 50 free. **Molly Kowal, 10**, hit new BB times in the 50 fly and 200 IM and dropped nearly 4 seconds in the 200 IM. **Sophia Kurtz, 9**, swam a great meet, dropping 2 seconds in the 50 breaststroke and placing 3<sup>rd</sup> in the 50 back with a 2 second time drop. **Marlee Lakernick, 10**, swam great, dropping 4.5 seconds in the 100 breaststroke and 1 second in the 50 free. **Melissa Layman, 9**, made new BB times in the 100 IM and 50 back and dropped 2.5 seconds in the 100 IM and over 3 seconds in the 50 back and 50 breaststroke. **Emily Lund, 10**, swam a wonderful meet, placing 3<sup>rd</sup> in the 200 IM. **Jared MacNeill, 10**, swam to a new B time in the 100 back with an 11 second time drop and won the 50 free with a 2 second time drop.



**Jake Marazzo, 9**, swam two events, the 50 free and 50 back, and did well in both. **Nick Masciandaro, 10**, made new BB times in the 100 back and 50 back and dropped 8 seconds in the 100 IM and won the 50 back. **Meilin McElhill, 10**, swam a great 8 events in the meet and did very well. **Matt McGough, 10**, swam to new AA times in the 100 free, 50 fly, 100 back and 200 free and placed 1<sup>st</sup> and 2<sup>nd</sup> in all of his events. **Sarah McGough, 10**, hit a new A time standard in the 50 breaststroke and won that event and placed 3<sup>rd</sup> in the 100 fly. **Kyle McIver, 9**, had a great meet, dropping 21 seconds in the 50 breaststroke and 13 seconds in the 100 IM. **Mike Meleka, 10**, swam to new B times in the 100 free and 50 free and dropped 14 seconds in the 100 free and 5 seconds in the 100 back. **Alec Moffit, 10**, hit a new B time standard in the 100 breaststroke, dropping nearly 3 seconds in the process. **Tasha Nickollof, 10**, swam very well, dropping nearly a second in both the 50 and 100 breaststroke. **Carlos Obregon, 10**, hit new AA times in the 100 back and 200 free and new A times in the 100 free, 50 fly and 100 IM, and placed 1<sup>st</sup> in 4 of the event that he swam. **Elizabeth Olson, 10**, hit a new A time in the 200 free and dropped over 17 seconds in the 500 free. **Timmy Proctor, 10**, had a nice meet, placing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in three events and dropping over 1 second in the 100 free. **Jenni Ramirez, 9**, did great, dropping 3.5 seconds in the 100 free, 9 seconds in the 100 IM and 2 seconds in the 50 back. **Jack Richards, 9**, made a new B time in the 50 back and dropped over 11 seconds in the 100 IM. **Nicholas Rosa, 10**, did very well, placing 2<sup>nd</sup> in 2 events and 3<sup>rd</sup> in 3 events. **Hannah Schuda, 10**, hit a new B time standard in the 50 and dropped 8 seconds in the 100 breaststroke and over 2 seconds in the 50 fly and 50 breaststroke. **Kelly Schuehler, 10**, made new BB times in the 50 breaststroke in which she placed 2<sup>nd</sup> and in the 100 breaststroke in which she placed 1<sup>st</sup>. **Mark Shekhter, 10**, had a nice meet, swimming in 8 events total. **Nicole Shek, 10**, had a great meet, making new AA times in the 50 back and 100 breaststroke and new A times in the 50 fly, 50 breaststroke, 100 back, 100 IM and 50 breaststroke, and placing 1<sup>st</sup> or 2<sup>nd</sup> in all of her races. **Noah Shepard, 9**, hit new B times in the 100 IM, 50 free and 50 back and dropped 9.5 seconds in the 100 IM and 6 seconds in the 50 back. **Meg Sigmund, 9**, swam to new B times in the 50 free and 50 back and dropped over 11 seconds in the 100 IM. **Ben Smith, 9**, swam a nice meet, competing in 4 events. **Kayla Somers, 9**, had a nice meet, and dropped nearly 3 seconds in the 100 IM. **Mike Sonnie, 9**, swam well at the Autumn Harvest, dropping over 18 seconds in the 100 free. **Carlee Timmins, 10**, swam 5 big events at the meet, including the 100 IM and 100 breaststroke. **Alex Voorhees, 9**, did great, swimming the 100 free, 50 fly, 50 breaststroke and 100 back. **Kevin Zhu, 10**, swam the Autumn Harvest meet and attempted the 100 back for the first time.



**John Alloway, 11**, had a great weekend, finishing in the top five in several events. He improved to BB time standards in the 50 and 100 fly races. He raced to the wall in the 200 breaststroke and finished 2<sup>nd</sup>. **Danny Aronson, 11**, improved his time in all of his events. He dropped close to three seconds in the 50 back and finished 4<sup>th</sup>. He improved to BB standards in the 50 back and 50 free. **Justin Beck, 12**, had an awesome finish in the 200 back, finishing first. He had several top ten finishes including 2<sup>nd</sup> in the 50 back and 3<sup>rd</sup> in the 100 breaststroke. **Aaron Bennett, 11**, had a big drop in the 100 back, dropping over 5 seconds. He had a 5<sup>th</sup> place finish in the 200 breaststroke. **Colby Brooks, 12**, improved in almost all of her events. She improved to BB times in the 50 breaststroke and 100 back. She raced to the wall in the 50 free and finished 3<sup>rd</sup>. **Emma Burns, 11**, dropped an amazing 58 seconds in the 100 free. She had a great finish in the 50 back, finishing 1<sup>st</sup>. She achieved a B time standard in the 50 free finishing 10<sup>th</sup>. **Michael Campos, 11**, swam well and picked up some points for the team. Great job, Michael! **Sammie Jo Carroll, 11**, swam well and dropped in several events. She raced to the wall in the 100 IM and finished 2<sup>nd</sup>. She improved to B time standards in the 50 free and 200 free. **Breann Cavanagh, 12**, raced all weekend and finished in the top 10 in all of her events. She improved to an A time in the 50 back touching the wall 3<sup>rd</sup>. Her biggest drop was in the 200 free where she improved by more than 4 seconds. **Alex Clark, 12**, had a good meet and flew to the wall in the 200 breaststroke finishing 4<sup>th</sup>. **Cassie Cotton, 11**, dropped an amazing 32.20 seconds in the 500 frees (7:22.21) and picked up a point for the team. She had a big drop in the 200 IM and finished 9<sup>th</sup>. **Marybeth Coyne, 11**, improved to a B time in the 50 back, dropping 3.11 seconds. She improved in two other events! **Abby Czerniecki, 12**, raced all weekend and improved to A times in the 100 IM and 50 back. She finished 1<sup>st</sup> in three events. **Mary Kate Davis, 12**, had some great swims and dropped in several events. She finished the weekend with an AA time in the 500 free (5:52.28) and a BB time in the 50 breaststroke.

**Paige Davis, 11**, had a good meet and finished 7<sup>th</sup> in the 100 IM and 9<sup>th</sup> in the 50 back. **Alyssa DiSanti, 12**, improved to a BB time in the 500 free and had a 5<sup>th</sup> place finish. She also had improved her seedtimes in four other events. She took home a 4<sup>th</sup> place ribbon in the 50 back. **Paige Dunham, 12**, had a super fast weekend and finished in the top 10 in all of her events. She improved to an AA time in the 50 breaststroke and took home a 3<sup>rd</sup> place ribbon. **Dan Espinoza, 12**, dropped over 15 seconds in the 200 IM and improved in several other events. **Emily Fusco, 12**, had a perfect weekend, taking time off in all of her events. She improved to BB times in the 50 breaststroke, 100 back and 50 back. She



dropped 31.59 seconds in the 200 IM and finished with a B time. **Justin Gick, 11**, improved by more than 11 seconds in the 100 IM and finished 5<sup>th</sup>. He dropped in the 50 back and 50 free.




**Zack Gilbridge-Wonderlin, 12**, improved his time in the 50 and 200 free swims, and improved to BB times. He raced to the wall in the 200 free and finished 1<sup>st</sup>. **Gabi Gonzalez, 11**, had big time drops this meet and finished 10<sup>th</sup> in the 100 breaststroke. She dropped over 20 seconds in this event. **Jake Gray, 11**, had some great swims, finishing in the top 10 in all of his events. He improved to B times in the 100 and 50 free and 100 fly. **Christian Groody, 11**, improved in every event, dropping over 6 seconds in the 100 free. He improved to B times in the 50 breaststroke and back. His best finish was in the 100 IM, where he finished 4<sup>th</sup>. **Melle Groody, 11**, swam well and improved to a B time in the 50 breaststroke, dropping over 8 seconds in that event. **Gracie Gutos, 11**, had incredible time drops, dropping over 15 seconds in the 100 free and 12 seconds in the 100 IM. She had a huge drop, dropping over 33 seconds, in the 100 breaststroke. **Katie Helf, 12**, swam well all weekend and had a great time in the 200 IM. **Hannah Hess, 11**, had a good time in the 50 fly. **Julia Holgado, 12**, improved to a B time in the 50 free. She also dropped time in her other events. Super, Julia! **Christopher Howe-Smith, 12**, had great time drops in the 100 free and 100 back. He also improved in the 50 back and free. **Rosa Johnson, 12**, swam awesome all weekend, improving in most of her events. She finished in the top 10 in all ten of her events. She raced to the wall in the 50 fly and took home a 1<sup>st</sup> place! **Michael Kurtz, 12**, raced to the wall in the 500 free and dropped 35.99 seconds, finishing 3<sup>rd</sup>. He picked up a new A time in the 100 free (1:01.63) and finished 2<sup>nd</sup>. He also improved to an A time in the 50 free. **Peter Kurtz, 12**, had a great swim in the 500 free and dropped over 44 seconds, finishing 5<sup>th</sup>. He also improved to a BB time in the 50 fly, swimming to the wall and placing 2<sup>nd</sup>. **Joseph Lacy, 12**, improved in all of his events. He improved to B standards in the 100 free and breaststroke and the 50 breaststroke.

**Anya Lazarow, 11**, had a great weekend, dropping time in all of her events. Her biggest drop was in the 100 IM, where she took 5.78 seconds off her time. She finished 8<sup>th</sup> in the 100 breaststroke. **Rob Lincoln, 12**, did awesome, swimming faster than his seedtimes. He improved to A times in the 100 IM and 100 free. He also swam a BB time in the 200 free, where he dropped 9.17 seconds. **Rylan Lynch, 11**, swam well and raced in three events. **Allegra Malgier, 11**, raced to the wall in the 100 breaststroke and finished with a 3<sup>rd</sup> place ribbon. She placed in the top ten in two other events. **Mark Marrazzo, 11**, swam well and finished 3<sup>rd</sup> in the 100 IM and 7<sup>th</sup> in the 100 breaststroke. **Alex Martin, 11**, had a fabulous weekend and raced to the wall in every event, dropping time. He had four 1<sup>st</sup> place finishes and four 2<sup>nd</sup> place finishes. He improved to an AAA time in the 50 back. He dropped to A times in the 100 free and 50 free. **Zoe Mellenger, 11**, did well and finished her races. **Katie Merlin, 11**, improved to a BB time in the 50 fly (34.71), finishing 3<sup>rd</sup>. She dropped time in other events, finishing in the top ten in several events. **Isabel Obregon, 11**, soared to the wall in most of her events, placing in the top 10. She improved to AA times in the 100 back and 50 free. **Christy Osler, 12**, improved to AA times in the 50 breaststroke and 100 back. She finished in the top 10 in all of her events. Great job, Christy! **Annie Pegues, 12**, had a perfect meet, dropping in all of her events. She improved to BB times in the 500 free, 50 free and 200 free. She placed high in all of her events. **Jakob Phillips, 11**, flew to the wall in the 200 IM and dropped 14.19 seconds. He improved in most of his events, finishing 5<sup>th</sup> in the 200 back.

**Abby Pottieger, 12**, worked hard all weekend, dropping time in all of her events. Her biggest drop was in the 200 IM, with a drop of 44.80 seconds and a 5<sup>th</sup> place finish. She improved to B times in five events. She also improved to BB times in the 50 free. **Gabby Reyes, 12**, had a good weekend and finished five events. **Caroline Richardson, 11**, had a good weekend, swimming in four events. **Natasha Rivera, 12**, was close to perfect, dropping time in most of her events. She improved to BB times in four events and an A time in the 100 back (1:14.80). Her biggest drop was in the 200 IM, where she dropped 21.60 seconds. **Morgan Sage, 11**, soared to the wall in the 500 free and dropped 47.42 seconds, finishing 6<sup>th</sup>. She improved to BB time standards in five events, including the 50 back, where she finished first. She also raced to the wall in the 50 free, took home an A time and finished first. **Steven Shek, 11**, swam a perfect meet, dropping in all nine events. His biggest drop was in the 500 free, with a time drop of 28.39 seconds. He improved to AA times in six events. He dropped to an AAA time in the 50 back and an A time in the 500 free. **Rachel Showers, 11**, had a perfect weekend, swimming improved times in all of her events. She improved to BB time standards in the 100 free, 100 fly and 50 free. She took home a 1<sup>st</sup> place in the 100 fly. **Kyle Shurmur, 11**, finished 3<sup>rd</sup> in three events and 4<sup>th</sup> in the 500 free. **Natalie Simunek, 12**, dropped 32.75 seconds in the 500 free and finished 3<sup>rd</sup>. She improved to A times in the 100 free and 200 IM. She dropped to an AA time in the 50 back. She also finished in the top 10 in all of her ten events. **Miranda Slotkin, 12**, had awesome swims, improving all of her times. She dropped over 40 seconds all weekend. **Gerry Suarez, 12**, swam well and improved to a B time in the 100 breaststroke (1:33.89), finishing 5<sup>th</sup>. **Anna Ter-Saakov, 11**, had fun swimming in eight events. She raced to the wall in the 100 breaststroke and finished 11<sup>th</sup>. **Renee Timmins, 12**, raced in five events and finished 13<sup>th</sup> in the 200 free, picking up four points for the team.



 **Erin Vaughn, 12**, dropped time in four events. She dropped over two seconds in the 50 breaststroke. **Brysia Vizard, 12**, improved in a few events, swimming close to her seedtimes in all of the rest. She raced to the wall and took home a 5<sup>th</sup> place in the 200 IM and 50 back. **Kevin Wang, 11**, swam on his seedtimes and finished all of his events. **Shannon Wenter, 11**, improved in most of her events. She picked up a new B time in the 100 back, dropping 4.69 seconds. **Emily Werth, 12**, swam close to perfect, dropping time in all but one event. She improved to an A time in the 100 free and AA time in the 50 back (32.36)... **Nate Yezril, 11**, dropped in all of his events, improving to B times in the 100 free, 50 breaststroke, 50 free and fly. He finished in the top ten in all of his events. **Christina Zaldivar, 11**, swam in nine events and finished 9<sup>th</sup> in the 100 breaststroke. She also picked up a 12<sup>th</sup> place in the 100 IM. **Gabrielle Albaz, 13**, dropped almost 10 seconds in her 200 IM while swimming 7 for 7 personal bests. She brought home a new BB time standard in her 100 free. **Sammi Aronson, 13**, went 5 for 6 personal bests and placing second in her 200 Free. Sammi swam to a new BB time standard in her 200 free. **Ally Balcolm, 14**, showed up big in her 100 Free, dropping almost two seconds. **Emily Bennett, 14**, swam to 3 personal bests and cut over eleven seconds in 200 fly. She raced to an A time standard in her 200 free along with a new B time standard in her 200 fly. **Jaime Lynn Brookover, 13**, was six for eight personal bests and scored "A" times in her 100 & 200 Backstroke and 100 Free. Jaime stroked her way to A time standards in her 100 free and 200 backstroke swims. **Julia Bryan, 13**, achieved seven for nine personal bests while dropping over 22 seconds in her 500 Free. Julia raced to B time standards in her 50, 100 and 500 free swims. **Johnny Carroll, 14**, accomplished five personal bests, most notably an almost twelve seconds drop in 500 Free for an "AAA" time. He also picked up new A time standards in his 100 fly and 200 back events. **Jessie Cashman, 13**, improved in three of her events and cut over 5 seconds off her 100 breaststroke, bringing home a new BB time. **Gianna Ceraso, 13**, enjoyed a 73 second drop in her 500 free, anew B time standard capping off 5 personal best swims.

**Micaela Ceraso, 13**, recorded 6 personal bests and a whopping 82 seconds drop in her 500Free a new B time standard. **Megan Charbeneau, 13**, knocked over two and one half seconds off her 200 IM. **Mickaelyn Cook, 13**, posted three personal bests and slashed almost fourteen seconds off her 200 breaststroke for a 1st place finish and a new BB time standard. **Brianna Cotton, 14**, powered her way to the wall in all her events. **Nick DiPalo, 14**, cut a total of over eight seconds in four new personal record; he raced to a B time standard in his 100 back and a BB time in his 50 free. **Casey Dunham, 13**, sliced a total of almost eighteen seconds in her breaststroke events alone on her way to six new personal records. Casey brought home BB time standards in her 200 breaststroke, 200 IM and 100 fly events. **Marlee Ehrlich, 13**, powered out two "AA" and three "A" performances. **Grace Emmet, 13**, slashed over twenty seconds from her 100 backstroke. **Pete Espinoza, 14**, turned in four personal bests including a seven seconds drop in 100 breaststroke. He also brought home new BB time standard in his 200 IM. **Dylan Evangelista, 13**, was on fire, going for personal records in every swim. Him 2.24 second time drop netted him a new BB time standard. **Colleen Finias, 14** sliced time in two events and powered out "A" times in 100 & 200 breaststroke. and 50 freestyle. **Abby Finkenauer, 13**, cut time in two of her four events including an awesome thirty three seconds drop in the 200 free. **Colin Fisher, 13**, was nine for nine in swimming personal records including three "AA" times in 100, 200 and 500 free. Colin raced to double A times in his 100 and 500 free events. **Andrew Fleisher, 14**, posted six of eight personal best swims and "A" times in 100 fly, 200 backstroke and 400 IM. He also posted BB time standards in his breaststroke events. **Emma Haggerty, 14**, sliced time in two events and swam to an "A" time in 100free and "AA" in 50 Free. **Sarah Hampton, 13**, recorded 3 personal bests including a thirty three seconds drop in her 500 free and a new B time standard. **Rachel Jackson, 14**, posted "AA" times in 100 free and backstroke and an "A" time in 200 IM. **Paige Jordan, 14**, cut over a second from her 100 free and almost a second off her 100 Backstroke. **Lauren Kelleher, 13**, powered out five new personal standards in her first outing as a Wahoos swimmer. **Courtney Kelly, 14**, posted 3 "BB" times in her four swims.



**Jaclyn Kerner, 13**, saw improvement in her 100 breaststroke and cut almost five seconds at 100 free100 breaststroke. **Jessica Kowal, 13**, set new personal marks in four of her swims while powering out 7 "BB" times. **Katie Kurtz, 13**, swam to four first places, two second places and a third in seven of her nine events. **Megan Lacey, 14**, recorded "A" times in 50 and 100 free and 100 breaststroke. **Lauren Lauth, 13**, went for personal records in five of nine events, including a 28 seconds drop in the 500 free. She also posted a BB time standard in her 100 free. **Madison Leonard, 14**, earned four personal bests, three "A" times and sliced almost eleven seconds from her 200 breaststroke time for a new BB time standard. **Alex Lincoln, 14**, tallied five "A" times for two first

place, a second and a third place ribbons. **Elena Malloy, 13**, sliced time in her 50 free for a new “A” time. She also dropped time in two other events. **Lexie Manion, 13**, cut almost three seconds in her 100 breaststroke and over three seconds in the 200 Free. **Nick Marks, 13**, a Wahoos newcomer, powered his way to “BB” times in the 50 and 100 free. **Sophie Martin, 13**, posted new personal bests in four of her events, including a nineteen second breakthrough in the 200 breaststroke for a new B time standard. **Vinnie Masciandaro, 13**, sliced time in three events, including over five seconds dropped in 100 backstroke. **David McConnell, 13**, enjoyed improvement in all his events and earned two new “BB” time in his 50 and 100 Free. **Annie McCotter, 14**, capped off a great meet, cutting over four seconds from her 500 Free to earn a new “AAAA” standard. **Mike McDonald, 13**, a new Wahoos swimmer, powered his way to the wall in all of his events. **Zach Mellenger, 13**, garnered a “B” time in 50 Free in his first competition in Wahoos colors. **Gabe Moffit, 14**, swam to seven of nine personal records including slashing almost 27 seconds in the 100 fly and over 43 seconds in the 200 breaststroke. **Justin Munteanu, 13**, went for four personal bests in all his events. **Ryan Nicklous, 13**, showed dramatic improvement all seven of his events. **Courtney Patterson, 14**, capped off a great meet with a new “AAA” time in the 500 free.

**Devon Plungis, 13** sliced almost three seconds off her 200 breaststroke for a new BB time standard. She also cut almost 2 seconds from 100 fly. **Grant Proctor, 13**, found new success in his sprints earning personal bests in 50 and 100 free and 100 fly. **Gabby Reeb, 13**, a new Wahoos team member, set new standards in all her events. **Ryan Richards, 13**, showed significant improvement in all his events posting three “AA” and two “A” times. **Jake Riordan, 13**, dropped almost three seconds to break the one minute barrier in the 100 Free and placed second in the 200 breaststroke. **Emily Rollo, 13**, recorded four new milestones most notably, two 3.5 seconds drops in her 100 and 200 breaststroke. **Andy Schuehler, 13**, slashed time in all his races and earned five first place finishes. **Ford Scott, 14**, found new success in his 200 fly slicing five and a half seconds from his previous best. **Erica Shurmur, 14**, posted three “BB” time and a new personal best time at 100 Backstroke. **Michael Simunek, 13**, showed dramatic improvement dropping well over a minute in five events while placing first in 500 Free. **Alexandria Smith, 14**, sliced time from her 200 fly and breaststroke and also swam 2 “A” time in her IM’s. **Kristen Smith, 13**, demonstrated new power in smashing her personal records in eight of her nine events capped off with an almost 30 seconds drop in the 200 IM. **Bryan Solomon, 14**, recorded four new personal standards and earned an “A” time at 50 Free. **Liz Spanfelner, 14**, demonstrated improvement at 100 fly and 100 free. **Jill Stone, 13**, found new strength and slashed over one minute, combined in her 500 free and 200 breaststroke. **David Tambussi, 14**, a new Wahoos swimmer, powered to and “A” time at 50 Free and broke one minute in 100 free. **Mike Tarnovsky, 14**, showed dramatic improvement in all seven of his swims and garnered new “A” times at 50 and 100 free. **Nicholas Turner, 13**, showed consistent improvement and earned new “A” times at 50 and 100 Free. **Sam Wahl, 14**, had a breakthrough meet, with seven of seven new best times and an “A” time at 50 free. **Allie Wisnewski, 13**, set nine new personal standards and smashed through the three minute barrier in the 200 breaststroke slashing over 15 seconds off her previous best.



The senior swimmers were in the middle of hard training. **Kyra Adamson, 16**, stroked her way to a 3<sup>rd</sup> place finish in her 500 free (5:23.63) a double A time. She also raced to an 8<sup>th</sup> place finish in her 100 fly. **Paige Arruda, 15**, picked up a new BB time standard in her 200 fly (2:36.72) Paige was also just off her best time in the 100 fly. **Brandon Bader, 15**, stroked his way to personal bests in four of his swims. He touched the wall with a new A time standard in his 100 fly and a BB time in his 50 free. **Laura Ballentine, 16**, raced to a BB time in the 100 free and B time standards in her 100 back and 100 fly. **Tara Beck, 15**, a new Wahoo swimmer raced to BB time standards in her breaststroke events along with her 100 free. She touched the wall 11<sup>th</sup> in the 100 breaststroke. **Matt Belecanech, 16**, stroked his way to a personal best in his 100 breaststroke and his 200 breaststroke swims. Matt touched the wall 1<sup>st</sup> in all his swims. **Bobby Bendzyn, 15**, shaved time in his 500 free to finish with a 5:03.11. He also picked up a new A time in his 100 fly (1:00.08). **Danny Bennett, 16**, swam a strong meet slicing his seedtime in five of his swims. His 200 fly dropped to a 2:20.64. **Eliana Bennett, 16**, stroked her way to an 8<sup>th</sup> place finish in her 50 free 28.12. **Elise Blaschke, 18**, stroked her way to a personal best in her 200 back. She raced to 3<sup>rd</sup> place finish in her 100 fly, 200 back and 2<sup>nd</sup> in her 200 IM. **Taylor Brooks, 15**, stroked her way to 14<sup>th</sup> place finish in her 100 back. **Pat Bryan, 18**, competed in five events stroking his way to A time in his 500 free and 200 IM swims. **Owen Burns, 15**, sliced his seedtime by four seconds in his 200 breaststroke and dropped five seconds in his 100 breaststroke. **Chris Campbell, 15**, stroked his way to a new B time standard in his 200 breaststroke. He also shed time in his 200 IM, 200 fly and his 100 breaststroke swims. **Emma Carpenter, 15**, raced to a 1<sup>st</sup> place finish in her 200 breaststroke (2:32.46) she touched the wall 7<sup>th</sup> in her 200 fly. **Christie Carroll, 16**, powered her way to the wall in all her swims. She raced to three BB time standards in her 400 IM 500 free and 200 IM swims. **Alex Charbeneau, 15**, sliced her seedtime in her 200 fly going a 2:28.85 she touched the wall 5<sup>th</sup> in her 200 back stroke and 500 free events. **Eve Cohen, 16**, raced to a personal best in her 100 back touching the wall 10<sup>th</sup>. **Gianna Constantine, 16**, stroked her way to a personal best in her 200 fly and her 20 IM swims. She brought home BB time standards in her 200 IM and



100 breaststroke swims. **Tyler Cotton**, 16, stroked his way to BB time standards in all his events. HE raced to a 9<sup>th</sup> place finish in his 100 back. **Scott Dennis**, 15, raced to new B time standards in his 100 and 200 fly events. He finished the meet with 4 BB time standards. John DiCarlo, 17, stroked his way to a personal best in his 200 fly (2:22.93) He touched the wall 2<sup>nd</sup> in is 50 free with a time of 24.81. **Elena Ferranti**, 17, raced to an 8<sup>th</sup> place finish in her 100 free and 9<sup>th</sup> in her 100 back. **Tommy Glenn**, 16, stroked his way to an 8 second time drop in his 200 breaststroke. He also sliced more than six seconds from his 100 breaststroke time. Tommy picked up new Bb time standards in both of his breaststroke events. **Nicole Jibrine**, 115, stroked her way to 3<sup>rd</sup> place finishes in her 200 fly and 200 IM events. She raced to 4<sup>th</sup> place finishes in her 500 free and 100 breaststroke. **Krissy Katsigiannis**, 17, stroked her way to BB time standards in her 200 breaststroke, 200 IM, 500 free and 400 IM events.



**Catherine Kolaski**, 16, swam to A time standards in her 200 fly, 500 free and her 400 IM events. **Taylor Moore**, 17, raced to 8<sup>th</sup> place finishes in her 200 fly and 500 free events. **Xavier Moran**, 17, stroked his way to a four second time drop in his 500 free. **Garrett Okomski**, 15, raced to a personal best in his 100 breaststroke 1:15.77 and his 100 fly 1:01.60. Garrett touched the wall 5<sup>th</sup> in his 100 free and 200 backstroke. **Patrick Olson**, 15, raced to personal bests in his 200 fly, 100 fly 200 back and 500 free. He touched the wall 2<sup>nd</sup> in his 400 IM and 200 IM swims. **Amanda Pegues**, 16, powered her way to the wall in all her swims. She touched the wall 12<sup>th</sup> in her 100 back. **Yannick Potts**, 22, stroked his way to four second time drop in his 200 IM. He touched the wall 1<sup>st</sup> in his 100 free and 100 backstroke events. **Vivian Qin**, 15, swam a strong meet slicing her seedtime in all four of her swims. She touched the wall 4<sup>th</sup> in her 50 free. **Thomas Redman**, 16, shaved his seedtime in his 100 free with a time of 56.86. He touched the wall 14<sup>th</sup> in his 50 free. Bobby Ries, 18, stroked his way to a personal best in his 100 breaststroke. he also shaved .02 from his 50 free.

**Paul Rothenberger**, 15, stroked his way to four of four personal bests. He picked up a new A time standard in his 50 free 25.19. **Chris Schlitt**, 17, swam a great meet slicing his seedtime in every swim. He brought home a new B time standard in his 200 fly. He also picked up BB time standards in is 100 fly, 100 and 200 breaststroke, and his 200 and 400 IM swims. **Katie Scott**, 17, touched the all 15<sup>th</sup> in both her 100 fly and 100 breaststroke events. Sara Seidman, 15, raced to a 2<sup>nd</sup> place finish in her 100 back. She also raced to a 15<sup>th</sup> place finish in her 50 free. **Allyson Shurmur**, 16, stroked her way to BB time standard in her 200 fly. She touched the wall 5<sup>th</sup> in her 200 breaststroke. **Jessica Simunek**, 17, shaved her seedtime in her 500 free (5:33.67) She raced top 1<sup>st</sup> place finishes in her 100 back, 100 fly and 50 free events. **Jeff Smith**, 17, stroked his way to three personal bests. he grabbed B time standards in his 100 and 200 breaststroke events. **Katie Smith**, 15, shaved her seedtime in her 50 free (31.86) and her 100 breaststroke (1:31.23). **Amy Stelmaszyk**, 15, stroked her way to a personal best in her 100 breaststroke (1:23.70) She touched the wall 5<sup>th</sup> in her 100 fly with a double A time. **Dana Stone**, 15, touched the wall 9<sup>th</sup> in her 200 back (2:22.20) She raced to a 10<sup>th</sup> place finish in her 100 fly. **Madeline Tambussi**, 17, swam two events and dropped time in two events. She picked up a new BB time in her 50 free. **Morgan Twist**, 16, powered her way to the wall in all her events. **Andy Vrana**, 17, raced to personal bests in his 100 free (55.06) his 100 back (1:03.96) and his 100 fly (1:07.52). He touched the wall 9<sup>th</sup> in his 50 free. **Bobby Waldner**, 16, stroked his way to a personal best in his 200 fly (2:15.23 and in is 100 fly (1:00.82).He touched the wall 2nd in his 200 backstroke. **Courtney Wallace**, 16, raced to a 17<sup>th</sup> place finish in her 200 breaststroke. She finished 10<sup>th</sup> in her 200 backstroke. **Ryan Wintermute**, 15, raced to BB time standards in his 100 free (58.69) and his 500 free (5:48.54). He also shaved time in his 100 breaststroke and 50 free 27.58. **Stephanie Yaszemski**, 16, stroked her way to a six second time drop in her 200 fly (2:30.87) and a four second drop in her 200 breaststroke (2:38.67), a 4<sup>th</sup> place finish, Steph also finished 2<sup>nd</sup> in her 100 breaststroke (1:12.42).

