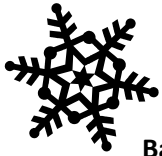
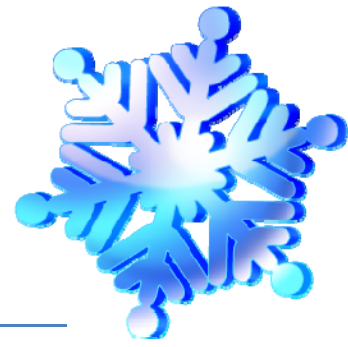


# Winter Blizzard A/BB/C Meet Gloucester Institute of Technology January 10-11, 2009

---




**Justin Accardi, 10**, fought off the cold long enough to record three personal bests, including slicing over 19 seconds in his 200 free. **Lissy Aronson, 9**, found the water warm as she swam to new personal records in 100 free and IM. **Kaitlyn Bansky, 9**, also recorded two new best times including improving over two seconds in her 100 free with a "BB" standard in her 100 IM. **Josh Bartel, 10**, warmed things up with 6 new best times in 7 races, earning five "BB" times. **Mike Beranato, 9**, powered his way to the wall in his 50 free. **Keely Brown, 10**, swam to five new personal standards with a red-hot "A" time in her 100 breaststroke, and improving by almost 24 seconds in her 200 free. **Ryan Carroll, 10**, drove to a new best time in his 50 free. **Lauren Cavanaugh, 10**, punctuated her five new personal records with a monster 17 seconds drop in his 200 free. **Kate Circus, 10**, found new success in three events, the highlight of which was a six second time drop in her 100 IM. **Moira Conville, 10**, swam hot in all her events. **Saylor Cook, 10**, was fired up with an "AA" in 50 back, four "A" times and a new best time in her 50 breaststroke. **Anthony DiCarlo, 10**, recorded "A" times in 50 & 100 fly and five "BB" times. **Taylor Discherl, 10**, finished with four personal bests, six "BB" times along with an eight seconds drop in 200 IM. **Nick DiSanti, 10**, warmed up to Freestyle as he set personal bests at the 50, 100 and 200 distances as well as a new 50 fly mark. **Emmah Evangelista, 9**, recorded 5 new personal records capped off with a five second drop in her n 200 free. **Angelica Feliz, 9**, set her personal standards in her first outing for Team Wahoos.

**Sean Finias, 10**, was fired up as he earned an "AAA", two "AA", three "A" and two "BB" time standards. **Vanessa Finnan, 9**, popped off a five seconds drop in her 50 breaststroke for a new "B" time. **Kayla Gagnon, 9**, was Queen "BB" as she swam to seven "BB" times and four personal bests. **Sam Gray, 9**, continued to improve and demonstrated new power with a 32 seconds drop in his 100 free. **Reyne Haas, 10**, swam to three "BB" times and sliced over a second in the 100 free. **Steffi Holland, 10**, recorded six new personal bests for a total of 18 seconds improvement and a 5th place finish in her 100 fly. **Brianna Horn, 10**, earned four "B" times to start her new year. **Brianna Hough, 9**, garnered three new best times including a whopping seven seconds drop in the 100 IM. **Annie Hughes, 9**, had a break out meet swimming six personal bests for three "B" and three "BB" time standards. **Natalie Kelly, 10**, showed consistency while scoring over 34 points for the home team. **Lauren Kerner, 10**, continued her high quality performance ways, swimming to three "AA" and four "A" times in her seven events. **Gracie Kowal, 10**, swam to five new personal bests and brought home a blue ribbon with a 22 seconds improvement in 100 fly. **Molly Kowal, 10**, improved in five of her events scoring 74 points for the maroon and gold.



**Sophia Kurtz, 9**, set four new personal marks while demonstrating swimming versatility with eight “BB” standards. **Marlee Lakernick, 10**, braved the January cold with a purpose as she established four new personal benchmarks and a “BB” time in the 50 free for a second place finish. **Melissa Layman, 9**, showed improvement in four events to post four “BB” times including an eight second drop in her 100 back. **Emily Lund, 10**, tallied over 100 Wahoos’ team points while swimming three “A” and five “BB” times. **Jared MacNeil, 10**, swam 3 “BB” times for two personal best times including a 5th place finish in his first ever 100 fly. **Jake Marrasso, 9**, performed well in all his races, and sliced over a second in the 100 back... **Nick Masciandaro, 10**, established himself in butterfly with personal bests at both the 50 & 100 yard distances. **Matt McGough, 10**, achieved two “AAA” and five “AA” times and ventured forth into new territory, performing well at the 400 IM. **Sarah McGough, 10**, swam five new personal records earning an “AA” and four “A” times highlighted with two 1st place finishes. **Kyle McGiver, 9**, fought hard for a New Year, new best time in the 100 breaststroke. **Alec Moffit, 10**, realized the payoff of his hard work by recording 4 personal bests while stretching his wings at 100 fly for the first time. **Tasha Nickollof, 10**, swam “BB” times in 50 back and fly for two new personal best times. **Elizabeth Olson, 10**, racked up six “BB” times while scoring over 50 points for her team.



 **Timmy Proctor, 10**, was white hot in the January cold finishing in the top three in all his events while swimming three “AAA”, four “AA” and one “BB” time standards. **Jenni Ramirez, 9**, swam well as she sliced a combined 15 seconds in her four new personal marks. **Jake Richards, 9**, came to compete as he recorded five new personal bests in his six events including slicing over eleven seconds in 100 back. **Gianna Ritto, 9**, found new success as she crushed her previous marks by a combined 45 seconds in five races. **Nickolas Rosa, 10**, warmed up this January with three “A”, five “BB” and two personal records. **Kelly Schuehler, 10**, found the cold to “BB” just fine as she earned eight “BB” time in all her events, topped off with a 33 seconds improvement in 200 freestyle. **Mark Shekhter, 10**, swam hard and cut over ten seconds in three of his four events. **Nicole Shek, 10**, garnered five “AA” and three “A” times, capped off with a 13 seconds drop and first place finish in 100 fly. **Meg Sigmund, 9**, powered her way to a new 50 breaststroke mark. **Jozie Thomas, 9**, swam her way to a new success, dropping over eleven seconds in just three events. **Carlee Timmins, 10**, slashed three seconds in 100 free and another three seconds in her 50 back. **Ryo Tsuda, 9**, tallied five “BB” times including new personal records at 50 Free and 50 back. **Alex Voorhees, 9**, had a perfect meet, swimming personal bests in each event, highlighted by dropping over six seconds in 100 back.

**John Alloway, 11**, swam to a 4<sup>th</sup> place finish in the 200 backstroke and achieved 5 new personal best times. **Danny Aronson, 11**, hit a new BB time standard in the 100 free by dropping over 3 seconds and placing 4<sup>th</sup> in that event. **Justin Beck, 12**, finished a fast 2<sup>nd</sup> place in the 200 back and made 3 new personal best times, including a 4.5 second time drop in the 100 breaststroke. **Lauren Belecanech, 11**, had some nice swims, including a 22 second time drop in the 500 free. **Nicholas Belecanech, 11**, achieved a new B time standard in the 500 free and swam 8 races at this meet, dropping a huge 44 seconds in the 500 free. **Aaron Bennett, 11**, swam to a new personal best time in the 50 breaststroke and also competed in 3 other races. **Duncan Brookover, 11**, placed 2<sup>nd</sup> in the 200 IM and 3<sup>rd</sup> in the 100 breaststroke and achieved 3 new personal best times. **Colby Brooks, 12**, hit a



new AA time standard in the 50 free and had a huge 10 second time drop in the 100 fly, as well as nice drops in 4 other races. **Sammie Jo Carroll, 11**, achieved a new A time standard in the 100 fly, placing 2<sup>nd</sup> in that event, and achieved 5 new personal best times. **Breann Cavanaugh, 12**, had a great meet, swimming to new A times in the 200 back, 50 back, 50 free and 200 free and dropped time in all 8 of her races. **Nicole Charles, 11**, swam to 3 new best times including 3 second time drops in the 100 IM and 200 free. **Marybeth Coyne, 11**, achieved new B time standards in the 100 IM and 50 free and had new personal best times in all 6 of her races. **Abby Czerniecki, 12**, hit a new A time standard in the 200 free and a new AA time standard in the 100 IM and placed 3<sup>rd</sup> in the 200 free by dropping over 4 seconds. **Paige Davis, 11**, hit a new B time in the 200 back and had 3 new personal best times at the meet, including a 7 second time drop in the 200 back.

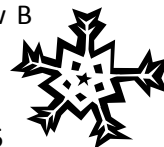
**Alyssa DiSanti, 12**, swam to 3 new personal best times which included a 4 second time drop in the 200 back. **Dan Espinoza, 12**, swam 4 races, including the 200 free in which he dropped nearly 7 seconds. **Brian Finnan, 11**, achieved new BB times in the 50 back, 50 free and 100 back and had 5 out of 6 new personal best times, dropping over 5 seconds in the 100 IM and 100 back. **David Finnan, 12**, hit new AA times in the 100 IM, 100 breaststroke, 50 breaststroke and 50 fly and placed 1<sup>st</sup> in the 50 breaststroke and 50 fly and 2<sup>nd</sup> in the 100 IM and 100 breaststroke at this meet. **Justin Gick, 11**, swam 3 great races, dropping time in all, including a 7 second time drop in the 50 breaststroke. **Gabi Gonzalez, 11**, had a great meet, achieving new personal best times in all 7 races, and dropping nearly 20 seconds in the 100 back. **Jake Gray, 11**, swam to a 4<sup>th</sup> place finish in the 200 back and hit 2 new personal best times in the 100 IM and 200 IM. **Christian Groody, 11**, achieved new B time standards in the 50 back and 50 free and had 4 new personal best times at this meet. **Melle Groody, 11**, had a nice meet, swimming 7 races and achieving new best times in the 100 breaststroke and 50 free. **Laura Hornyak, 11**, swam 8 races at this meet, dropping time in 6, including a nearly 4 second time drop in the 100 breaststroke; **Christopher Howe-Smith, 12**, had 7 nice races, and achieved a new personal best time in the 50 free. **Joseph Lacy, 12**, swam 4 races, dropping time in 2, the 100 IM and the 100 breaststroke. **Allegra Malgier, 11**, hit a new B time standard in the 50 fly and swam to 5 new personal best times at this meet. **Mark Marrasso, 11**, had a nice meet, dropping over 3 seconds in the 100 IM;



**Annie Pegues, 12**, swam to 4 new personal best times in the 100 IM, 100 free, 100 fly and 200 free. **Jakob Phillips, 11**, hit a new BB time standard in the 50 back and had a great meet, achieving 7 new personal best times, including a huge 25 second time drop in the 200 free. **Abby Pottieger, 12**, achieved new BB times in the 100 IM and 200 free and hit 5 new personal best times at this meet. **Natasha Rivera, 12**, hit a new A time in the 100 fly and swam to 4 new personal best times and a 3<sup>rd</sup> place finish in the 100 fly. **Robby Rodolico, 11**, achieved a new B time standard in the 100 breaststroke and dropped over 4.5 seconds in that race. **Hannah Schuda, 11**, hit a new B time in the 50 free and achieved 4 new personal best times in the 100 IM, 100 free, 50 free and 200 free. **Natalie Simunek, 12**, swam to a 4<sup>th</sup> place finish in the 50 back and new best times in the 200 back, 200 free and 100 back. **Miranda Slotkin, 12**, had 3 nice races, swimming the 100 IM, 10 free and 50 back for the first time at Wahoos. **Gerry Suarez, 12**, hit 3 new personal best times in the 100 free, 50 free and 100 back. **Renee Timmins, 12**, swam 4 races at this meet, achieving new personal best times in

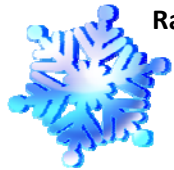
all 4, including a 3 second time drop in the 100 breaststroke. **Sara Villamil, 11**, swam 4 races at this meet, dropping good amounts of time in the 100 IM and 100 free. **Brysia Vizard, 12**, achieved new A time standards in the 200 back and 100 fly and dropped time in 3 of her races at this meet. **Kevin Wang, 11**, had a nice meet, swimming 5 events and dropping time in 4, including a 7 second time drop in the 200 free. **Shannon Wenter, 11**, swam 8 events at this meet and had a nice time drop in the 100 IM. **Christina Zaldivar, 11**, swam great, achieving new personal best times in 5 of her 8 races.

**Gabrielle Albaz, 13**, crushed her previous mark by slicing over 49 seconds to pick up a new B time standard in her 500 free. **Sammi Aronson, 13**, conquered the 500 free for the 1<sup>st</sup> time. She also sliced her seedtime in her 200 back. **Jaimie Lynn Brookover, 13**, swam hard to the wall in all her events. **Julia Bryan, 13**, raced to a personal best in her 50 free along with a 2.5 second time drop in her 100 fly. **Jessie Cashman, 13**, powered her way to the wall in all her swims. **Gianna Ceraso, 13**, shaved her seedtime in her 200 free for a new personal best. **Micaela Ceraso, 13**, stroked her way to a personal best in her 200 backstroke. **Mickaelyn Cook, 13**, stroked her way to new successes by shaving time in her 100 back, 100 fly and 100 breaststroke swims. **Nick DiPalo, 14**, swam a successful meet slicing his seedtime in three of his four swims, including personal bests in his 200 back, 100 breaststroke and 200 IM events. **Tim Edison, 13**, came to compete slicing his seedtime in all three of his swims, most notably his 10 second time drop in his 100 fly. **Dylan Evangelista, 13**, stroked his way to a new BB time standard in his 50 free; he also shaved time in his other two swims. **Michelle Faykes, 13**, stroked her way to a new B time standard in her 100 breaststroke. She also shaved time in her 200 free.



**Lauren Finch, 14**, powered her way to the wall in all her swims. **Colleen Finias, 14**, stroked her way to a personal best in her 100 fly. **Abby Finkenauer, 13**, swam a strong meet slicing her seedtime in three of her swims. She picked up a new BB time in her 100 backstroke. **Sarah Finnan, 14**, put all she had into shaving over four seconds from her 100 breaststroke for a new BB time standard. **Andrew Fleisher, 14**, coming off of a long hard week of practice swam hard to the wall in all his events. **Sarah Hampton, 14**, swam hard to the wall in all her events, displaying great starts and turns. **Lauren Keleher, 13**, went three for three as far as best times go! **Courtney Kelly, 14**, stroked her way to a personal benchmark in her 50 free. **Kelsey Koos, 14**, raced to a double A time in her 100 free. **Jessica Kowal, 13**, powered her way to the wall in all her swims. **Megan Lacy, 14**, stroked her way to personal best in her 100 and 200 free, along with her 100 fly and 200 IM. **Lexie Manion, 13**, powered her way to the wall in all her swims. **Nick Marks, 14**, stroked his way to lifetime bests in four of his swims, including a new "A" time standard in his 200 free. **Sophie Martin, 13**, picked up a BB time standard by way of a four second time drop in her 100 fly. **Vinnie Masciandaro, 13**, shaved time in his 100 breaststroke and 50 freestyle swims. **Gabe Moffit, 14**, raced to three new B time standards in his 100 breaststroke 200 IM and 50 freestyle swims. **Justin Munteanu, 13**, stroked his way to a 3.3 second time drop in his 100 free along with shaving time from his 50 free. **Ryan Nicklous, 13**, stroked his way to personal bests in his 200 IM and 200 free for new B time standards. **Allison O'Day, 13**, chopped a remarkable eleven seconds from her 200 IM. **Christy Osler, 13**, swam a superb meet slicing her seedtime in every one of her swims. Congratulations Christy. **Grant Proctor, 13**, powered his way to the wall in all his swims. **Gabby Reeb, 14**, stroked his way to a personal best in one of his two swims the 100 breaststroke.

**Ford Scott, 14**, powered his way to the wall in all his swims. **Erica Shurmur, 14**, swam a strong race in her lone event the 200 back. **Michael Simunek, 13**, swam a strong meet slicing his seedtime in five of his swims most notably his four second time drop in the 100 fly. **Alexandra Smith, 14**, showed a marked improvement in four of her swims. **Jill Stone, 13**, powered her way to the wall in all her swims. **Mike Tarnovsky, 14**, raced to a new BB time standard in his 400 IM and a solid B time in his 200 breaststroke. **Nicholas Turner, 13**, shaved his seedtime in four of his swims including a 2.74 second time drop in his 200 back. **Sam Wahl, 14**, powered her way to personal best in her 200 back and 100 fly events. **Allie Wisnewski, 13**, raced hard to the wall in all her swims. **Paige Arruda, 15**, stroked her way to a 4.44 second time drop for a new BB time in her 200 fly. **Ally Balcolm, 15**, shaved her seedtime in her 200 fly. **Tara Beck, 15**, sliced 1.8 seconds in her 100 fly. **Danny Bennett, 16**, stroked his way to a new "A" time standard in his 100 fly, he also shaved time in his 200 free and 200 breaststroke swims. **Emily Bennett, 15**, powered her way to the wall in all her swims. **Chris Berry, 15**, shaved his seedtime in both his 50 and 200 freestyle swims. **Elise Blaschke, 18**, shaved her seedtime in her 100 backstroke. **Pat Bryan, 18**, powered his way to a new double "A" time in his 100 backstroke. **Chris Campbell, 15**, shaved time in his 100 breaststroke and 100 backstroke swims; he also picked up a new BB time in his 200 breaststroke. **Christie Carroll, 16**, powered her way to the wall in all her swims. **Scott Dennis, 15**, swam a strong meet picking up new BB times in his 100 fly, 100 and 200 breaststroke swims. He also shaved over five seconds from his 200 fly. **Holly Gallagher, 16**, powered her way to the wall in all her swims.



**Rachel Jackson, 15**, shaved her seedtime in her 200 freestyle. **Taylor Moore, 17**, coming off of heavy training powered her way to the wall in all her swims. **Garrett Okonski, 15**, shaved his seedtime in his 50 free. **Leigh Anne Patterson, 17**, coming off heavy winter break training powered her way to the wall in all her swims. **Amanda Pegues, 16**, shaved her seedtime in her 100 free. **Yannick Potts, 22**, powered his way to the wall in both his swims. **Paul Rothenberger, 15**, stroked his way to a new "A" time standard in his 200 free along with a B time standard in his 200 breaststroke. **Chris Schlitt, 17**, raced to a new BB time standard in his 100 fly. **Katie Scott, 17**, coming off of heavy winter break training Katie raced hard to the wall in all her swims. **Sara Seidman, 15**, raced to a personal best in her 200 breaststroke. **Bryan Solomon, 15**, stroked his way to lifetime best in his 100 fly and 50 free. **Dana Stone, 15**, powered her way to the wall in all her swims. **Courtney Wallace, 16**, stroked her way to a 9<sup>th</sup> place finish in her 200 IM. **Ryan Wintermute, 15**, stroked his way to personal bests three of his swims, most notably a twelve second time drop in his 400 IM. **Stephanie Yaszemski, 16**, coming off of heavy winter break training, Steph powered her way to the wall in all her swims.