

Sweetheart Meet A/BB/C Gloucester Institute of Technology February 14-15, 2009



Brandon Bader, 16, swam hard to the wall in all his events, racing to a personal best in his 100 fly. **Tara Beck, 16**, powered her way to the wall swimming a near best time in her 100 free. **Chris Berry, 15**, sliced his seedtime in the 100 breaststroke. **Eve Cohen, 16**, swam hard to the wall in all her races. **Tyler Cotton, 16**, swam a strong meet slicing his seedtime in three events. He picked up a new double A time in his 100 fly. **Emma Haggerty, 15**, powered her way to the wall in all her swims. **Gary Hessler, 15**, improved his seedtime in the 100 breaststroke. **John Kubicek, 22**, stroked his way to a two second time drop in his 100 breaststroke. **Karim Meleka, 15**, raced to new BB time standards in his 100 backstroke and 100 breaststroke swims. He also powered his way to an A time standard in his 200 free. **Amanda Pegues, 16**, bettered her seedtime in the 100 free. **Yannick Potts, 22**, raced to a personal best in his 100 breaststroke. **Thomas Redman, 16**, swam a very strong meet, slicing his seedtime in nearly every event. He raced to a new A time standard in his 100 free, and BB time standards in his 200 back and 500 free events. **Paul Rothenberger, 15**, stroked his way to personal bests in all his swims. Paul picked up a BB time standard in his 200 IM and a new A time standard in his 500 free. **Sara Seidman, 15**, powered her way to the wall in all her swims. **Missy Showers, 18**, stroked her way to a personal best in her 100 fly. **Bryan Solomon, 15**, raced to a new BB time in his 500 free. He also sliced his seedtime in his 100 breaststroke and 100 and 200 freestyle events. **Morgan Twist, 17**, powered her way to the wall in both her swims.

Gabby Albaz, 13, stroked her way to a fabulous meet slicing her seedtime in every event. She raced to a new B time standard in her 100 fly swim. **Jaimie Lynn Brookover, 14**, swam a strong meet slicing her seedtime by more than seven seconds in her 500 free. **Julia Bryan, 13**, raced to personal bests in seven of her swims. She stroked her way to a B time standard in her 100 backstroke. Julia sliced six seconds from her 400 IM time. **Jessie Cashman, 13**, powered her way to the wall in all her swims, slicing her seedtime in the 200 IM. **Gianna Ceraso, 13**, swam a strong 100 free race, slicing her seedtime by two seconds. **Micaela Ceraso, 13**, shaved time in her 100 backstroke. **Mickaelyn Cook, 13**, swam a great meet slicing her seedtime in seven of her swims. **Brianna Cotton, 14**, raced to a new BB time standard in her 100 breaststroke. **Arianna Dean, 14**, powered her way to the wall in all her swims. **Gianni DeFrancesco, 14**, swam hard slicing her seedtime in her 100 breaststroke, 100 fly, and 200 IM events. **Nick DiPalo, 14**, stroked his way to seven best times. He picked up new BB times in his 200 free and 200 IM swims. **Kacie Dunham, 13**, swam a strong meet, slicing her seedtime in six of her swims. She shed more than three seconds in her 100 breaststroke alone. **Tim Edison, 13**, raced to new B time standards in his 100 and 200 freestyle events. **Gracie Emmet, 13**, swam well, bringing home B time standards in her 100 back and 50 free events. She came home with four new personal bests. **Dylan Evangelista, 13**, shaved more than three seconds from his 100 back. He also had a personal best in the 50 free. **Shelly Faykes, 13**, picked up a new A time standard in her 100 free. She also shaved time in her 200 free and 100 fly events. **Colleen Finias, 14**, powered her way to the wall in all her swims. **Abby Finkenauer, 13**, raced to new A time standards in her 50 free and 100 free events. She shaved time in three other events, most notably her four second time drop in her 200 free. **Sarah Finnan, 14**, shaved time in her 100 free to post a new B time standard. **Colin Fisher, 13**, swam a strong meet slicing his seedtime in three of his four swims. Collin picked up a double A time in his 100 back along with a single A time in his 100 back. **Sarah Hampton, 14**, shaved her seedtime in her 200 IM. **Jamie Kehoe, 14**, powered her way to the wall in all her swims. **Courtney Kelly, 14**, swam hard to the wall in all her events. **Kelsey Koos, 14**, stroked her way to a strong meet. **Jessica Kowal, 13**, powered her way to the wall in all her events. **Katie Kurtz, 13**, swam hard in all events, swimming to near best times. **Megan**



Lacy, 14, stroked her way to a double A time in her 100 fly. She also shaved her seedtime in her 100 and 200 free and her 100 breaststroke. **Alex Lincoln, 14**, shaved time in her 100 and 200 breaststroke. She also sliced time in her 200 fly. In the midst of heavy training, **Elena Malloy, 13**, shaved time in three of her swims. **Lexie Manion, 14**, swam hard to the wall, chopping over three seconds from her 100 breaststroke. **Sophie Martin, 13**, swam a fabulous meet, slicing time in nearly every event. She brought home new BB time standards in her 400 IM and 100 and 200 breaststrokes as well as best times in her 100 and 200 frees. **Vinnie Masciandaro, 13**, powered his way to the wall in all his swims. **Rosie Matich, 14**, picked up a new A time standard in her 50 free. She also shaved time in her 100 back, 100 fly and 200 IM events. **Zach Mellenger, 13**, raced to a six second time drop and a new B time standard in his 100 free along with a BB time standard in his 50 free. **Krissy Mizia, 13**, sliced her seedtime in all four of her swims, netting her a new B time standard in her 200 back. **Justin Munteanu, 13**, shaved her seedtime in her 100 back, 200 breaststroke and her 200 IM. **Ryan Nicklous, 13**, raced to personal bests in both his 200 free and 100 backstroke events. **Allison O'Day, 13**, swam a strong meet slicing her seedtime in all three of her swims. **Joseph Petrone, 13**, raced to a new A time standard in his 200 IM by way of a six second time drop. **Grant Proctor, 13**, stroked his way to new A time standards in both his 100 back and 200 IM events. He also cut over four seconds from his 500 free seedtime. **Gabby Reeb, 14**, stroked her way to an eleven second time drop in her 200 free. **Gabby Reyes, 13**, swam a strong meet slicing her seedtime in two of her swims, the 100 and 200 free events. **Ryan Richards, 14**, powered his way to the wall in all his swims. **Jake Riordan, 13**, stroked his way to a personal best in his 100 breaststroke and 100 freestyle swims. **Natasha Rivera, 13**, raced to personal bests in her 100 breaststroke, 200 free and 100 fly events. **Emily Rollo, 13**, stroked her way to an A time standard in her 100 breaststroke. She also shaved time in the 200 free and 200 breaststroke swims. **Paulina Rucci, 13**, raced to B time standards in her 50, 100 and 200 free swims. **Andy Schuehler, 13**, picked up a new double A time in his 50 free. He also sliced time in his 100 back. **Mike Simunek, 13**, touched the wall with a new B time standard in his 400IM along with a four second time drop and a new BB time in his 100 breaststroke. **Kristen Smith, 13**, swam a great meet, slicing her seedtime in every swim. She chopped over eight seconds in her 200 IM.



Liz Spanfelner, 14, shaved her seedtime in her 100 free for a new BB time standard. **Jill Stone, 13**, raced to a new A time standard in her 100 free. She also shaved time in her 400 IM and her 100 fly swims. **Mike Tarnovsky, 14**, stroked his way to a personal best in his 100 breaststroke, by way of a three second time drop. He also shaved time in his 200 free and 200 IM events. **Nick Turner, 14**, powered his way to personal bests in his 50 free and 100 back events. **Sam Wahl, 14**, shaved her seedtime in her 100 fly for a new BB time standard. **Allie Wisnewski, 13**, swam a strong meet bringing home a new BB time standard in her 100 breaststroke along with a B time in her 200 free, by way of a five second time drop. **Jenna Zagoren, 13**, raced to a new A time standard in her 500 free by way of a nine second time drop. **John Alloway, 11**, recorded six personal bests in his eight swims, including two "BB" times in the 50 back and 50 fly. **Justin Beck, 12**, posted six new personal standards highlighted by an "A" time at 100 backstroke. **Lauren Belecanech, 11**, fought hard in all her races and produced a five second drop in her 100 breaststroke. **Nicholas Belecanech, 11**, made some noise, particularly in his 200 freestyle where he sliced almost 10 seconds from his previous best. **Duncan Brookover, 11**, established six new personal records while slicing almost 11 seconds in the 200 breaststroke. **Colby Brooks, 12**, was perfect in her 9 events with all new best times, 8 "A" times and a monster 18 plus seconds drop in the 400 IM. **Emma Burns, 12**, popped off two new personal records in 50 breaststroke and 50 butterfly. **Michael Campos, 11**, was hot at this meet, earning 5 new best times in six swims and slicing over 7 seconds in the 100 backstroke. **Sammi Jo Carroll, 11**, had a perfect sweetheart meet, with all new best times and three "A" times in 50 Fly and 200 and 400 IM. **Breann Cavanaugh, 12**, showed big heart to swim her three personal records for "A" times in 50 and 500 free and 200 IM in which she sliced over 5 seconds. **Nicole Charles, 11**, powered her way to new success in 100 freestyle and 200 IM. **Cassie Cotton, 11**, sliced a total of over 13 seconds in her six new personal records giving herself a sweet Valentines gift. **Marybeth Coyne, 11**, went three for four in the personal best category including dropping over ten seconds at 200 backstroke. **Abby Czerniecki, 12**, heated things up with a perfect week end gaining new bests in all her events on her way to seven "A" times and a "AA" in 100 backstroke.



Kimberly D'Angelo, 11, was on fire as she swam to five new bests in five races for a combined drop of almost 24 seconds. **Mary Kate Davis, 12**, found new success in her shorter races with three personal records in 50 free, fly and breaststroke. **Paige Davis, 12**, discovered new strength on her way to seven new best times in her eight races and 4 "B" times in 100 IM, 100 and 200 back and 50 freestyle. **Alyssa DiSanti, 12**, motored in her 100 backstroke to an "A" time and "BB" times in her seven other events. **Brian Finnan, 11**, powered his way to the wall for 5 "B" standards in 100 IM and backstroke and 50 back, free and fly. **David Finnan, 12**, recorded seven bests in his eight events, highlighted by three "A" times 200 backstroke, 200 and 400 IM, a "AA" in 100 IM and a "AAA" in 100 free. **Emily Fusco, 12**, continues to improve as evidenced by five new standards and real growth in the longer events as she dropped almost 5 seconds in the 200 free and over six seconds in the 200 IM. **Gabi Gonzalez, 11**, pushed passed old limits and found new success in five of her events, 100 Breast, back and free and 50 back and fly. **Jake Gray, 11**, established new personal standards in 100 backstroke and sliced almost seven seconds off his 200 butterfly. **Christian Groody, 11**, continues to improve as he cut time in 100 IM, breaststroke, free and backstroke as well as 50 fly. **Melle Groody, 11**, also showed consistent growth as she sliced time at 100 backstroke and 50 free, breast and back. **Julia Holgado, 12**, was a perfect four for four as she cut time in the 100 back, 50 free, fly and a staggering drop of almost six seconds in her 50 breaststroke. **Christopher Howe-Smith, 12**, swam hard in all his events and competed well. **Sarah Jackson, 12** gained 4 new best times in her four events, including a "BB" time in 100 Fly, "A" times at 50 Fly and 100 Back and crushing her previous best at 500 free with a "AA" performance. **Rosa Johnson, 12**, went five for eight personal best swims capped off with new "A" times in 100 back and 400 IM. **Michael Kurtz, 12**, found new speed in 50 & 200 breaststroke as well as 500 Free and recorded an "A" time in the 200 IM.

Peter Kurtz, 12, swam to seven personal bests in eight events and two "A" time standards in 100 & 200 backstroke. **Joseph Lacy, 12**, was a perfect six for six posting "BB" times in 100 IM, 50 breaststroke and cutting over 13 seconds at 200 breaststroke. **Rob Lincoln, 12**, picked up new personal standards in 100 fly and 200 breaststroke and an "A" freestyle. **Mark Mrazzo, 11**, swam two races and found success both times, improving in the 100 breaststroke and IM. **Nick Masciandro, 11**, capped off seven personal best swims by slicing over 18 seconds in the 500 freestyle. **Zoe Mellenger, 11**, fought hard and produced new best times in 100 breaststroke and free and 50 back and free. **Katie Merlin, 11**, swam to four "BB" times and an "A" at 200 IM with a two and a half second drop in time. **Isabel Obregon, 11**, garnered "BB" times at 50 & 100 breaststroke an "A" at 200 breaststroke and "AA" times at 100 fly, 200 and 400 IM. **Annie Pegues, 12**, swam six personal records topped off with cutting over eleven seconds from her 200 IM. **Abby Pottieger, 12**, posted five new best times as she continues to improve, dropping over eight seconds in the 400 IM and almost five seconds at the 200 IM. **Robby Rodolico, 11**, produced three new personal records in four swims, most notably a two seconds drop in 50 fly to go under 40 seconds for the first time. **Morgan Sage, 11**, recorded six new best times on her way to two "BB" and six "A" times. **Hannah Schuda, 11**, had seven best times in her nine swims with serious drops in time in 100 IM, 100 breaststroke and 100 fly. **Miranda Slotkin, 12**, powered out a new standard in 100 breaststroke, cutting almost four seconds. **Erin Vaughn, 12**, worked hard and established new best times in 100 IM, 100 back and 50 breaststroke. **Brysia Vizard, 12**, swam to four best times in eight swims, racing to two "BB" times and six "A" times. **Robbie Wachter, 11**, picked up 4 new best times in five races highlighted by dropping over fifteen seconds in the 100 breaststroke. **Kevin Wang, 12**, campaigned hard for success and realized it four times in five events with new personal bests. **Shannon Wenter, 11**, earned three "B" times while dropping two and a half seconds in the 100 backstroke.



Kaitlyn Banskly, 9, swam a strong meet, slicing her seedtime by more than eight seconds in her 100 back and five seconds in her 50 fly for new BB times. She also shaved time in two other events. **Josh Bartel, 10**, raced to a new BB time standard and a six second time drop in his 100 breaststroke. He also shaved two seconds in his 100 IM. **Keely Brown, 10**, shaved over seven seconds in her 200 IM and five seconds in her 100 back. **Carissa Campbell, 9**, stroked her way to a new BB time standard in her 100

back, by way of an eleven second time drop. She also sliced two seconds in her 100 IM and two more in her 50 fly.



Ryan Carroll, 10, swam a strong meet slicing his seedtime in several events. He stroked his way to a BB time in his 100 back and a single B time in his 100 IM. **Lauren Cavanagh, 10**, shed more than four seconds from her 100 IM. She also sliced her seedtime in her 100 breaststroke. **Jack Conville, 10**, raced to personal bests in his 50 free and 50 breaststroke events. **Moira Conville, 10**, stroked her way to a five second time drop in her 100 free. She also sliced time in the 50 free. **Saylor Cook, 10**, raced to a double A time in her 100 back. **Bobby Cristella, 10**, shaved over three seconds from his 100 IM and two seconds from his 50 breaststroke. **Anthony DiCarlo, 10**, stroked his way to a new double A time in his 50 fly. **Taylor Dirscherl, 10**, shaved more than two seconds from her 50 fly for a new BB time standard. She also shaved over two seconds from her 200 IM. **Nick DiSanti, 10**, raced to a three second time drop in his 100 IM he also shaved time in his 200 free. **Kaelyn Dougherty, 9**, raced to a terrific nine second time drop and a new BB time standard in her 100 breaststroke. She also shaved time in her 100 IM. **Emmah Evangelista, 9**, shaved time in her 50 back, 100 back and 200 freestyle events, Emmah raced to new BB time standards in her 50 and 100 backstroke events. **Sean Finias, 10**, powered his way to the wall in all his swims, shaving time in his 100 fly.

Vanessa Finnan, 10, stroked her way to a terrific time drop, more than eighteen seconds in her 100 free. **Kayla Gagnon, 10**, raced her way to a five second time drop in her 100 breaststroke. **Allison Gozdan, 9**, swam a fine meet, picking up BB time standards in her 50 breaststroke and 100 free swims.

She also raced to A times in her 100 IM, 50 fly, and 100 backstroke swims. **Sam Gray, 9**, swam a tough race, dropping six seconds in his 100 IM. He also shaved over two seconds in his 100 free. **Jarod Holgado, 10**, stroked his way to a BB time in his 50 free. He also shaved time in his other three events, the 100 back, 50 back, and 50 breaststroke swims. **Steffi Holland, 10**, swam a terrific 200 IM slicing his seedtime by more than nine seconds in his 200 IM. **Annie Hughes, 9**, shaved her seedtime in both her 50 fly and 50 breaststroke swims. **Emily Lund, 10**, swam a strong 100 breaststroke slicing her seedtime by nearly two seconds. **Lauren Kerner, 10**, shaved her seedtime in both her 200 IM and 100 back. **Gracie Kowal, 10**, raced to a personal best in her 100 free and 100 backstroke swims. **Molly Kowal, 10**, swam a strong 200 IM slicing over eight seconds. She also sliced time in her 100 back. **Sophia Kurtz, 9**, raced to new A times in both her 50 and 100 fly events. She also shaved over three seconds from her 100 free time. **Marlee Lakernick, 10**, swam a strong meet, slicing her seedtime in several events. She picked up B time standards in her 200 IM and 50 and 100 breaststroke. **Melissa Layman, 9**, swam a strong meet chopping over five seconds in her 200 free. **Connor MacNeil, 9**, stroked his way to B time standards in his 100 IM, 100 breaststroke and 50 free events. **Gabby Mariano, 9**, shaved time in her 100 IM. **Jake Marrazzo, 9**, shaved time in three of his four swims. **Meilin McEhill, 10**, swam a very strong meet slicing well over fourteen seconds from her 100 back. She also cut ten seconds from her 50 back. **Matt McGough, 10**, powered his way to triple A times in his 100 back and 200 IM events. He also raced to a three second time drop in his 500 free. **Sarah McGough, 10**, raced to A time standards in her 100 back and 200 IM events. She also shaved over eleven seconds from her 200 free. **Kyle McIver, 9**, powered his way to the wall in all his swims.



Mike Meleka, 10, stroked his way to personal bests in his 100 breaststroke, 100 free and 50 free events. **Alec Moffit, 10**, raced to a double B time in his 100 back. He also shaved time in his 200 IM. **Tasha Nickollof, 10**, raced to a new B time in his 100 back dropping his seedtime by more than eight seconds. He also picked up a BB time in his 50 free. **Max Nowell, 9**, powered his way to the wall in all his swims. **Carlos Obregon, 10**, stroked his way to a new A time in his 50 free. He also shaved time in his 500 free. **Elizabeth Olson, 10**, raced to a new AA time in her 100 breaststroke. She also shaved time in her 100 back. **Timmy Proctor, 10**, raced hard to the wall in all his events. **Evan Raiken, 9**, powered his way to a BB time standard in his 100 IM by way of a nine second time drop. **Jenni Ramirez, 9**, powered her way to the wall in all her swims. **Nicholas Rosa, 10**, stroked his way to personal bests in his 50 fly and 100 backstroke events. **Maggie Rowan, 9**, stroked her way to a B time standard in her 50 breaststroke by way of a two second time drop. **Kelly Schuehler, 10**, picked up a new BB time standard in her 200 IM by way of a twelve

second time drop. Kelly also sliced her seedtime in her 50 free. **Nicole Shek, 10**, raced to a new A time in her 50 free. She also shaved time in her 200 IM. **Noah Shepard, 10**, swam a strong meet shaving time in three of four races. He also stroked his way to a BB time standard in his 50 fly. **Meg Sigmund, 9**, raced to B time standards in her 100 IM and 50 breaststroke. She also sliced over four seconds in her 200 IM. **Kayla Somers, 9**, raced to a two second time drop in her 100 back and a three second drop in her 50 free. **Mike Sonnie, 9**, stroked his way to a three second time drop in his 100 IM and dropped two seconds for a new B time standard in his 50 back. **Ryo Tsuda, 9**, shaved more than five seconds for a new BB time in his 100 breaststroke. **Alex Voorhees, 9**, swam a strong meet, slicing his seedtime by more than three seconds in his 50 back and another two in his 100 back.