

MIDDLE ATLANTIC ELITE MEET

GCIT

JANUARY 23-25, 2009

Eleven 9-10 swimmers raced to the wall at the 2009 Elite Meet, capturing many best times.

Keely Brown (10) earned a 16th place finish in the 100 Breast (1:28.57 AA), dropping 3.74 seconds and dropped almost one second in her 50 Breast. **Anthony DiCarlo (10)** finished 11th in the 100 Fly, shaving .68 seconds for a BT and swam a good race in his 50 Back (38.39). **Sean Finias (10)** earned six best times and scored in 6 of 7 events. He sliced over five seconds in his 200 IM (2:39.63 AAA) for 7th place and earned the AA time standard for his fast 200 Free (2:25.06). **Lauren Kerner (10)** blasted her way to 16th place in the 50 Free (30.29 AA) and swam a BT in her 100 Free (1:06.90). **Emily Lund (10)** swam close to her seed times in her five events. **Matt McGough (10)** had a great meet, swimming three best times in the 100 Free (1:04.46 AAA), 100 IM (1:13.82 AAA), and 50 Fly (32.81 AAA). He scored in all 8 events. **Sarah McGough (10)** raced to a new AA time in her fast 100 Breast (1:25.54), dropping 3.52 seconds for an 8th place finish.

Elizabeth Olson (10) had a great meet slicing time in 6 events and earning two 15th place finishes in the 200 IM (2:48.34 AA) and 50 Breast (40.99 A) and raced to the A time standard in her 50 Fly (36.66). **Timmy Proctor (10)** rocked the pool, racing to seven BTs and earning the AA time in his 200 IM (2:46.08) and AAA time in his 100 Free (1:04.75). He touched the wall in 2nd place in the 200 Free (2:21.17), 3rd in the 50 Back (33.04), and 4th in his 50 Free (28.64) and 100 Back (1:11.79). **Nicholas Rosa (10)** blasted his way to two BTs in the 50 Breast (39.70 AA) for 6th place and 100 Breast (1:28.52 A) for 9th place. **Nicole Shek (10)** blasted her way to 6 best times and new AAA time standards in the 50 Back (33.46 – relay lead-off), 100 IM (1:14.74), and 100 Back (1:13.78). WAY TO GO MINIS!!!

Jersey Wahoos' 11-12 age group swimmers really shined at this meet. **Justin Beck (12)** raced strong in his two events, 50 Back (33.93) and 100 Back (1:12.63), finishing closed to his best times. **Nicholas Belecanech (11)** earned a best time in the 100 Breast (1:24.92), dropping 1.57 seconds. **Colby Brooks (12)** swam close to her seed time in her one event, the 50 Free (28.59 A). **Sammie Jo Carroll (11)** sprinted to the wall in the 100 Fly (1:13.25). **Breann Cavanagh (12)** earned three BTs in the 50 Back (33.07 A), 100 Back (1:09.55 AA), and 200 Breast (2:53.57 A). **Abby Czerniecki (12)** captured two 15th place finishes in the 50 Free (27.26 AA) and 100 IM (1:08.45 AA) and earned her AA time in the 50 Back (32.05). **Mary Kate Davis (12)** scored in three events: 400 IM (5:00.84 AAA) 3rd place, 200 Back (2:18.14 AAA), 4th place, and 200 Fly (2:28.86 AA) 7th place. She sliced 11.31 seconds in her 400 IM and 8.20 seconds in the 200 Fly. **David Finnan (12)** finaled in five events: 50 Free (26.59 AA) 7th place, 100 Breast (1:17.40 A) 8th place, 100 IM (1:08.62 A) 10th place, 50 Fly (30.07 AA) 11th place, and 100 Free (59.82 AA) 12th place. **Sarah Jackson (12)** had a fantastic meet racing to 8 personal best times. She earned the AA times in her 200 IM (2:29.72), 50 Free (27.82), 200 Breast (2:46.22) and got the AAA in her 100 Breast (1:15.09—for 16th place). **Rosa Johnson (12)** captured 15th place in her fast 100 Breast (1:14.89 AAA) and swam best times in the 500 Free (5:39.70, -1.54 secs) and 200 Breast (2:46.44 AA, -.17 secs).

Michael Kurtz (12) came back to finals in six events for personal best times. He raced to new AA time standards in the 200 IM (2:38.64) 100 Fly (1:07.46), 200 Back (2:25.49), and 100 IM (1:08.28). **Peter Kurtz (12)** finished 16th in the 100 Breast (1:21.11) and 9th in the 50 Breast (36.79 A), improving his seed and time from prelims. **Rob Lincoln (12)** shattered his seed time in the 400 IM (5:23.37 A) by 15 seconds and finished in 13th place. He also

dropped time in the 200 Back (2:26.36 AA) and 100 Back (1:02.75 AAA) for 9th place. **Alex Martin (11)** swam hard in prelims to make it back to finals in three events, swimming to BTs in the 50 Back (29.99 AAA) 4th place, 50 Fly (30.15) 12th place, and 100 Back (1:06.87 AA) 11th place. **Katie Merlin (11)** swam a strong meet earning a personal best time in the 100 Back (1:11.73 A). **Steven Shek (12)** rolled past his competition to swim finals in eight events. He dropped 8.04 seconds in the 200 Fly (2:25.68) for the AA time and 4th place, sliced 8.21 seconds in the 500 Free (5:38.64 AA) for 10th place, and finished 3rd in the 100 Fly (1:04.61 AA) and 6th in the 200 Breast (2:46.96 AA). **Kyle Shurmur (12)** sliced serious time at this meet in many of his events, swimming at finals in 6 events: -6.90 secs in the 500 Free (5:45.65), -12.07 secs in the 400 IM (5:07.35), -1.61 secs in the 100 Free (59.50 "Magic Minute") for AA times, and -4.46 secs in the 200 Back (2:20.17) for the AAA time.

Natalie Simunek (12) raced her way back to finals in three events for best times in the 50 Back (30.83 AAA) 10th place, 50 Free (26.92 AAA) 13th place, and 100 Back (1:07.45 AA) 14th place. **Bryisia Vizard (12)** earned a best time in the 50 Back (31.40 AA) as the lead off on the 200 Medley Relay, and dropped .02 seconds in her 100 Breast (1:18.85 A) and 1.07 seconds in the 400 IM (5:39.14 BB). **Emily Werth (12)** raced to two BTs in the 400 IM (5:35.33) for the A time and 50 Free (28.41 A) as the lead off on the 200 Free Relay. THAT'S SOME FAST SWIMMING!!!

The 13-14 Age Group is notoriously competitive and Wahoo swimmers proved that point. **Jamie Lynn Brookover (14)** raced to a best time in the 100 Back (1:03.36 AA) finishing 12th. **Marlee Ehrlich (14)** swam finals in four events earning 4th place in the 100 Back (1:00.47 AAA), 6th in the 1650 Free (18:34.89 AA), 9th in the 200 Back (2:12.55 AAA), and 10th in the 1000 Free (11:09.07). **Colleen Finias (14)** earned her AA time in the 400 IM (5:03.53) by shaving 3.01 seconds from her seed time. **Colin Fisher (13)** had a great meet, racing to BTs in eight events. He earned AAA time standards in his 200 Free (1:53.26) and 100 Free (52.69). **Kelsey Koos (14)** swam strong in her events finishing close to seed times. She raced a fast 50 Free (28.29) as the lead off on the 200 Free Relay. **Katie Kurtz (13)** swam at finals in five events capturing 5th in the 100 Back (1:01.84 AAA), 7th in the 200 Back (2:15.43 AA), 12th in the 400 IM (4:51.82 AA), 13th in the 100 Fly (1:01.98 AAA), and 14th in the 200 Fly (2:19.91 AA).

Megan Lacy (14) dropped .42 seconds in her 50 Free (26.43 AA) and swam strong in her 200 Breast (2:40.60) and 200 IM (2:23.31). **Alex Lincoln (14)** raced a solid 400 IM (5:09.22 A) coming close to her seed time. **Annie McCotter (14)** sliced significant time in the 100 Free (10:28.45, -11.89) and 1650 Free (17:34.79, -13.02) for AAAA times and swam to two more AAAA times in the 100 Fly (59.34) and 200 Fly (2:06.64) earning her ticket to Orlando for the NCSA Junior National meet. **Courtney Patterson (14)** crushed her seed time in the 1000 Free (11:08.05 AA) by almost 40 seconds for a 9th place finish. She raced to the wall for 10th place in the 200 Fly (2:14.81 AAA). **Joseph Petrone (13)** swam to two AAA times in the 500 Free (5:06.78), a 7th place finish, and 50 Free (23.95), a 10th place finish. He raced to 3rd place in the 100 Back (56.41 AAA), 6th in the 200 Free (1:53.11 AA), and 7th in the 200 Back (2:07.73 AA). **Grant Proctor (13)** swam in the 400 IM with a time of 5:13.27. **Ryan Richards (13)** placed in the top 16 in six events and earned BTs in the 50 Back (28.48) as the lead off on the 200 Medley Relay, 200 Free (1:55.20 AA), and 200 IM (2:15.72 A). **Emily Rollo (13)** swam solid in her 100 Back for a close to best time of 1:06.55. **Andy Schuehler (13)** dropped 3.67 seconds in his 400 IM (4:47.68) for a AA best time and raced to 2nd place medals in the 100 Breast (1:03.41 AAA) and 200 Breast (2:19.32 AAA).

Ford Scott (14) earned an 11th place finish in the 100 Free (11:04.65 AA) and a 13th place finish in the 1650 Free (18:55.75 A). **Alexandria Smith (14)** shaved almost a second from her seed time in the 1000 Free (11:41.30 AA) and swam solid in the 1650 Free (19:34.09 A). **Mike Tarnovsky (14)** swam three solid races in the 100 Fly (1:03.06), 100 Free (55.46 A), and 50 Free (25.05 AA) where he made it back in 17th place as an alternate. **Nicholas Turner (14)** had two good swims in his 200 Back (2:20.49) and 1000 Free (11:43.91) finishing in 13th place. WAY TO RACE!!

The Senior Age Group swimmers left it all in the pool at this meet. **Paige Arruda (15)** swam strong in her events finishing the meet close to best times. **Emily Bart (18)** came back to finals in the 100 Breast (1:07.6 AAA) for 6th place and 200 Breast (2:24.47 AAA) for 4th place. **Matthew Belecanech (16)** sliced 19.70 seconds in his 1000

Free (9:19.93 AAAA) for 2nd place and earned three 1st place medals in the 200 Fly (1:49.03 AAAA), 100 Back (50.01 AAAA), and 200 IM (1:52.59 AAAA). **Bobby Bendzyn (16)** shaved 15.34 seconds in the 1650 Free (16:31.63 AAA) and a 7th place finish. **Danny Bennett (16)** touched the wall in 14th place in the 1000 Free (10:09.95 AAA) and dropped 1.33 seconds in his 200 Free (1:50.00) for the AAA time standard. **Emily Bennett (15)** raced strong in her 1000 Free and finished close to seed time with an 11:49.37. **Elise Blaschke (18)** dropped 5.83 seconds in the 200 Free (1:54.52 AAA) for an 11th place finish and came in 9th place in the 100 Breast (1:06.98). **Patrick Bryan (18)** scored in four events: 200 Fly (2:03.27) and 200 IM (2:04.52) for 13th place, 1650 Free (16:50.83) for 13th place, and 1000 Free (10:15.11) for 15th place.

Owen Burns (15) shaved time from his 200 Fly (2:01.13) for a new AAA time and 11th. He finished 8th in the 200 Free (1:47.09), 9th in the 100 Fly (53.87), 10th in the 200 IM (2:02.50) and 1650 Free (16:41.63), and 12th in the 1000 Free (10:07.21). **Emma Carpenter (15)** dropped time in her 100 Breast (1:06.64 AAA) for a 2nd place medal and 100 Fly (1:01.51 AA), qualifying for NCSA Jr. Nations in the 100 Breast. She finished 5th in the 200 Breast (2:24.65 AAA). **Johnny Carroll (15)** had a great meet dropping time in 3 events. He placed 13th in the 200 Breast (2:17.40), dropping almost 2 seconds for a new AAA time and finished 14th in the 100 Breast (1:03.43 AA) **Alex Charbeneau (15)** scored in three events, dropping time in her 1650 Free (17:33.72 AAA) 6th place, 1000 Free (10:32.20 AAA) 4th place, and 200 Back (2:11.13 AAA) 14th place. **Lauren Faykes (18)** swam at finals in all of her six events to better times in the 200 Free (1:43.50 AAA) 10th place, 100 Fly (58.53 AAA) 7th place, and 200 Back (2:06.68AAA) 10th place. **Holly Gallagher (15)** touched the wall in 10th place in her fast 100 Fly (59.13) and finished the meet with close to best times in her other events. **Tommy Glenn (16)** raced for 4th place and new BT in the 200 Fly (1:56.85 AAA) and 11th place finishes in the 100 Fly (54.57 AAA) and 1650 Free (16:46.14 AAA).

Emma Haggerty (15) swam a fast 50 Free in 26.48 seconds. **Rachel Jackson (15)** qualified for the meet in three events swimming close to seed times in her 200 Back (2:15.60 AA), 100 Free (58.61 A), and 100 Back (1:04.17 A). **Nicole Jibrine (15)** shaved 1.87 seconds in her 200 Back (2:09.27 AAA) for 13th place and finished 13th in the 100 Back (1:00.95 AAA) and 14th in the 200 Fly (2:11.08 AAA). **Maureen McCotter (16)** had a solid meet finishing 1st in the 1000 Free (10:07.28 AAAA), 2nd in the 1650 Free (16:58.01 AAAA), and 9th in the 200 Fly (2:06.29 AAAA). **Meghan Miceli (15)** earned two 10th place finishes in her Breaststroke events touching the wall in 1:08.82 in the 100 and 2:28.47 in the 200. **Allyson Mitidieri (16)** scored at finals in the 100 Breast (1:10.12 AA) 13th place, 200 Breast (2:39.93) 11th place, and 1000 Free (10:56.20) 8th place. **Taylor Moore (17)** captured the 16th spot in the 1000 Free in a time of 11:09.71 AA. **Patrick Olson (15)** raced to six personal best times earning him the AAAA times in his 200 Free (1:44.99) and 200 IM (1:57.94) and the AAA time in the 50 Free (23.08). **Leigh Anne Patterson (17)** sliced over 10 seconds in her 1000 Free (10:40.12 AAA) and 6th place and finished 10th in the 200 Fly (2:06.78).

Chris Schlitt (17) shattered his best time in the 1000 Free by 46.27 seconds for a new time of 11:06.43. **Katie Scott (17)** swam strong in her 3 events, 100 Free (1:00.87) 1000 Free (11:54.68), and 1650 Free (19:46.72). **Sara Seidman (15)** looked strong in her two events, the 100 Back (1:04.66 A) and 200 Back (2:20.13 A). **Allyson Shurmur (16)** qualified in six events and swam close to her seed times, just missing finals in the 200 Breast (2:36.45). **Jessica Simunek (17)** had a good meet, making it to finals in five events. She place 1st in the 200 Breast (2:22.16), 4th in the 100 Breast (1:07.16), 5th in the 100 Fly (58.01), 7th in the 200 Fly (2:08.88), and 10th in the 50 Free (25.13). **Amy Stelmaszyk (15)** dropped time in her 100 Fly (59.64 AAA) for 11th place and finished 13th in the 1000 Free (11:03.07 AA) and 14th in the 1650 Free (18:35.30). **Dana Stone (15)** hung tough in her four events finishing close to her seed times. **Bobby Waldner (16)** also swam strong in his 6 events placing 15th in the 200 Back (2:01.24) for a new AAA time and finishing close to seed times in his other races. **Courtney Wallace (16)** was another solid swimmer racing hard and coming close to her seed times in all events. **Steph Yaszemski (16)** raced to 13th place in her blistering 50 Free (25.63) for a new AAA best time.