

# President's' JO Qualifier

## Jersey Wahoos

### February 28- March 1, 2009



The last chance JO qualifier, is traditionally the last chance for swimmers to qualify for Junior Olympics. Colby Brooks, Breann Cavanaugh, Mickaelyn Cook, Saylor Cook, Anthony DiCarlo, Alyssa DiSanti, Kacie Dunham, Allison Godzan, Jessica Kowal, Molly Kowal, Peter Kurtz, Alex Lincoln, Sarah McGough, Katie Merlin, Elizabeth Olson, Emily Rollo, Morgan Sage, and Natalie Simenuk all qualified in one or more events at this years last chance JO qualifier meet.



**Brandon Bader, 16**, shaved his seed time in his 200 IM slicing more than two seconds. He finished his 400 IM with a 4:53.56 a BB time standard. **Ally Balcolm, 15**, powered her way to the wall in all her swims. **Tara Beck 16**, shaved time in three of her swims. She raced to a 1:13.67 in her 100 back and a 6:17.51 in her 500 free. **Chris Berry, 15**, stroked his way to a personal best and a time of 1:22.68 in his 100 breaststroke. **Pete Espinoza 15**, shaved his seed time in his 200 free swim. **Emma Haggerty, 15**, powered her way to the wall in all her swims. **Gary Hessler, 16**, raced to a forty seven second time drop in his 400 IM. He raced to a 4:54.02 and a new BB time standard. **Paige Jordan, 15**, raced hard to the wall in all her swims. **Megan Lacy, 15**, flew to a near best time in her 200 fly in a time of 2:38.98. **Amanda Pegues, 16**, powered her way to the all in all her swims. **Yannick Potts, 22**, stroked his way to a time of 5:22.67 in his 500 free. **Paul Rothenberger, 15**, powered is way to two personal bests in his 100 fly and 100 free swims. **Sara Seidman, 15**, swam hard to the wall in all her events. **Missy Showers, 18**, stroked her way to a personal best in her 100 fly going a time of 1:05.95. **Erica Shurmur, 15**, raced hard to the wall in all her events.



**Gabrielle Albaz, 13**, recorded personal bests in six of her swims. Most notably her six second time drop in her 200 IM to go a 2:39.82. She also raced to new BB time standards in both her 100 and 200 backstroke swims. **Jaimie Lynn Brookover, 14**, stroked her way to personal bests in three of her swims. She shed time in her 50 free, 27.97, her 200 IM, 2:31.80, and her 200 free 2:14.88. **Julia Bryan, 13**, made some noise in her 500 free slicing more than eight seconds. She also raced to a personal best in her 200 IM. **Jessie Cashman, 13**, raced hard to the wall in all her swims. **Gianna Ceraso, 13**, powered her way to a three second time drop in her 200 backstroke for a new BB time standard. **Micaela Ceraso, 13**, stroked her way to a personal best in her 100 back by way of a two second time drop. **Mickaelyn Cook, 13**, swam a strong meet slicing her seed time in all her swims. She chopped more than three seconds for a new JO cut in her 400 IM going at 5:16.66. **Gianni DeFrancesco, 14**, powered her way to a personal best in his 100 back. **Nick DiPalo, 14**, lowered his seed time in three of his swims. He sliced time in his 50 free, 100 and 200 back events. **Kacie Dunham, 13**, swam a great meet slicing her seed time in nearly every event. Kacie raced to a JO cut and a Bonus cut in her 100 and 200 breaststroke swims. She also raced to BB times in both her 100 and 200 backstroke swims. **Grace Emmet, 13**, stroked her way to a personal best in her 100 breaststroke for a new B time standard. **Dylan Evangelista, 13**, powered his way to the wall in all his swims.



**Michelle Faykes, 13**, shaved time in three of her swims. Michelle sliced time in her 200 breaststroke, 100 and 200 back. **Colleen Finias, 14**, powered her way to the wall in all her swims, most notably her personal best in the 200 free. **Abby Finkenauer, 13**, chopped more than ten seconds in her 500 free, for a new BB time standard. **Sarah Finnan, 14**, swam hard to the wall in all her events. **Sarah Hampton, 14**, powered her way to the wall and competed well in all her swims. **Jamie Kehoe, 14**, stroked her way to a personal best in her 100 breaststroke for a new BB time standard. **Courtney Kelly, 14**, powered her way to the wall in all her swims. **Kelsey Koos, 14**, raced hard to the wall in all her events. **Jessica Kowal, 14**, stroked her way to a personal best in her 100 and 200 back, and 200 IM events. Jessica picked up a new A time standard in her 100 back swim along with a new JO cut in her 200 back. **Zachary Lang, 14**, powered her way to the wall in all her swims. **Alex Lincoln, 14**, stroked her way to a two second time drop and a new JO cut in her 200 free. **Lexie Manion, 13**, shaved her seed time in her 100 breaststroke and 200 free swims.

**Nick Marks, 14**, stroked his way to new BB time standards in his 200 IM and 500 free. He also raced to a new A time standard in his 100 free in a time of 57.25.



**Sophie Martin, 13**, powered her way to the wall in all her swims. **Vinnie Masciandaro, 13**, heated things up with personal bests in four of his swims. He raced to a BB time in his 100 breaststroke. **Rosie Matich, 14**, swam hard to the wall in all her races. **Krissy Mizia, 14**, stroked her way to a personal best in her 100 backstroke swim. **Ryan Nicklous, 14**, raced to a five second time drop in his 200 free, along with personal bests in his 100 breaststroke, 200 back and 100 free events. **Gabby Reyes, 13**, popped off a personal best in her 200 free. **Jake Riordan, 13**, chopped a whopping twelve seconds in his 200 IM for a new BB time standard. **Natasha Rivera, 13**, stroked her way to a new best time in her 100 fly. **Emily Rollo, 13**, swam a strong meet slicing her seed times in several events. Her 200 breaststroke 2:44.25, was a new JO cut. **Paulina Rucci, 14**, swam a hot new personal best in her 50 free. **Michael Simunek, 13**, stroked his way to personal bests three of his swims. Michael brought home a new BB time standard in his 200 breaststroke. **Kristen Smith, 13**, swam a superb meet slicing her seed time in five of her swims. She raced to a six second time drop and a new B time standard in her 200 freestyle. **Liz Spanfelner, 14**, powered her way to the wall in all her swims. **Jill Stone, 13**, raced hard to the wall in all her events. **Nicholas Turner, 14**, powered his way to the wall in all his swims. **Sam Wahl, 14**, chopped a whopping eight seconds from his seed time in her 500 free. **Allie Wisnewski, 13**, swam a great meet slicing her seed time in five of her swims. She picked up a new B time standard in her 200 IM by way of a three second time drop.



**John Alloway, 11**, saved time in three of his swims. He raced to a 4<sup>th</sup> place finish and a new best time in his 50 fly. **Justin Beck, 12**, was having a great meet, stroking his way to three personal bests in his 200 back, 100 IM and 100 free swims. **Lauren Belecanech, 11**, powered her way to the wall in all her swims. **Nicholas Belecanech, 11**, swam a great 100 free slicing his seed time by more than three seconds. He is also swam to personal bests in his 100 breaststroke, and 200 free events. **Aaron Bennett, 12**, swam a strong 50 fly and 50 free, slicing her seed time in both events. **Duncan Brookover, 11**, raced to a personal best in his 100 breaststroke (1:24.36), he also sliced time in his 50 back. **Colby Brooks, 12**, swam a fabulous meet slicing more than five seconds from her already fast seed time in her 500 free picking up a new JO cut (5:55.34) she also shaved time for a new Bonus cut in the 50 fly. Her 200 fly was a personal best by more than four seconds. **Michael Campos, 11**, raced to personal bests in three of his swims. He sliced his seed time in his 50 fly, 50 breaststroke, and 100 IM. **Sammie Jo Carroll, 11**, stroked her way to a two second time drop in her 100 free she also shaved time in her 200 free. **Breann Cavanagh, 12**, raced to a new JO cut in her 400 IM (5:32.71), along with a bonus cut in her 500 free (5:59.89) **Nicole Charles, 11**, showed a marked improvement in her 200 breaststroke slicing more than thirteen seconds. She also sliced time in her 50 fly, 100 IM, 100 free and 200 free events. **Cassie Cotton, 11**, raced to a two second time drop and a new B time standard in her 50 fly. **Marybeth Coyne, 11**, powered her way to the wall in all her swims.



**Kimberly D'Angelo, 11**, raced hard to the wall in all her swims. **Paige Davis, 11**, swam a strong meet slicing her seed time in every event. She chopped a whopping three seconds from her 200 back. She raced to B time standards in her 50 fly and both her 50 and 100 freestyle events. **Alyssa DiSanti, 12**, raced to a new bonus cut in her 100 backstroke by way of a 1.70 second time drop. **Dan Espinoza, 12**, stroked his way to a three second time drop in his 100 free. He also picked up a new BB time standard in his 100 backstroke. **Brian Finnan, 11**, raced to a personal best in his 50 fly. He touched the wall with a new BB time standard. **Emily Fusco, 12**, stroked her way to a personal best in her 100 breaststroke (1:24.70) **Justin Glick, 12**, shaved time in two of his three swims. He raced to a time of 47.35 in his 50 fly. **Gabi Gonzalez, 11**, raced to personal bests in five of his swims, most notably chopping more than four seconds from his 100 backstroke. **Jake Gray, 11**, swam a fine 100 backstroke shaving more than three seconds from his seed time, for a time of 1:14.63. **Christian Groody, 11**, powered his way to the wall in all his swims. **Melee Groody, 11**, swam a fine meet slicing her seed time in five of her swims. She chopped nearly four seconds from her 100 breaststroke seed time. **Gracie Gutos, 11**, raced to a four second time drop in her 100 backstroke. She also shaved time in her 50 breaststroke. **Julia Holgado, 12**, swam a fine meet slicing her seed time in three of her four swims. She brought home new B time standard in her 100 IM, 100 free and 50 backstroke swims. **Laura Hornyak, 11**, powered her way to the wall in all her swims. **Christopher Howe-Smith, 12**, raced hard to the wall in all his swims. **Peter Kurtz, 12**, swam a great meet slicing time in nearly every event he raced to new JO cuts in his 50 fly, 100 and 200 IM events, along with a bonus cut in his 50 free. **Joseph Lacy, 12**, raced to a new BB time standard in his 50 back. **Anya Lazarow, 11**, powered her way to the wall in all her swims. **Allegra Malgier, 12**, stroked her way to a new B time standard in her 50 breaststroke.

**Mark Marrasso, 11**, raced to a personal best in her 50 breaststroke. **Alex Martin, 11**, shaved her seed time in the 100 breaststroke. **Nick Masciandaro, 11**, powered his way to a personal best in his 50 backstroke along with a new best time in his 50 fly. **Katie Merlin, 11**, brought home a new BB time standard in her 100 fly, by way of a nine second time drop, along with a new JO cut in her 100 IM. **Annie Pegues, 12**, powered her way to the wall in all her swims. **Abby Pottieger, 12**, raced to a three second time drop in her 200 breaststroke. **Caroline Richardson, 11**, stroked her way to a five second time drop in her 50 breaststroke. **Morgan Sage, 11**, swam a strong meet slicing her seed time in her 50 back and 200 IM swims. **Rachel Showers, 12**, stroked her way to a personal best in her 50 breaststroke. **Natalie Simunek, 12**, powered her way to two new JO cuts in her 100 fly and 200 breaststroke events. **Miranda Slotkin, 12**, swam hard to the wall in all her events. **Gerry Suarez, 12**, stroked his way to personal bests in his 200 free, 100 free and 100 IM events. **Renee Timmins, 12**, raced to beat her seed time in her 100 IM. **Erin Vaughn, 12**, swam hard to the wall in all her swims. **Robbie Wachter, 11**, powered her way to the wall in all his swims. **Kevin Wang, 12**, sliced his seed time in his 200 breaststroke. **Shannon Wenter, 11**, raced hard to the wall in all her swims. **Christina Zaldivar, 11**, swam a strong 50 fly slicing more than six seconds she also cut two seconds from her 100 breaststroke. **Kevin Zhu, 11**, swam hard to the wall in both his events.



**Kaitlyn Bansky, 9**, swam a great 100 freestyle slicing her seed time by more than three seconds, she also shaved time in her 100 IM and 50 breaststroke. **Josh Bartel, 10**, raced to a personal best in his 50 backstroke. **Mike Berenato, 9**, chopped a whopping nine seconds from his 50 fly along with a personal best in his 50 free. **Keely Brown, 10**, swam a strong meet slicing her seed time in four events. She raced to a new BB time standard in her 50 fly. **Carissa Campbell, 9**, stroked her way to a new BB time standard in her 200 free, by way of a seven second time drop. **Sierra Carey, 9**, swam a strong meet slicing her seed time in every event. She chopped more than nine seconds from her 100 breaststroke time alone. **Lauren Cavanagh, 10**, raced to a new BB time standard in her 100 back. She also sliced two seconds from her 100

breaststroke. **Kate Circus, 10**, swam a strong meet she raced to new BB times in her 100 and 200 free events. She also shaved time in her 50 and 100 breaststroke swims. **Moira Conville, 10**, stroked her way to two new personal bests in her 50 free and 200 IM swims. **Saylor Cook, 10**, picked up a new JO cut in her 50 breaststroke. She also cut more than six seconds from her 100 breaststroke. **Anthony DiCarlo, 10**, brought home a new JO cut in his 50 back. He also shaved more than two seconds from his 100 back. **Taylor Dirscherl, 10**, raced to personal bests in five of his swims, most notably his 50 free and 50 backstroke swims. **Nick DiSanti, 10**, chopped a whopping fifteen seconds from his 500 free. He also shaved time in his 100 IM and 100 backstroke swims. **Kaelyn Dougherty, 9**, brought home a new B time in her 100 free, by way of a twelve second time drop, she also picked up a new BB time standard in her 200 IM by way of a thirteen second time drop.

**Emmah Evangelista, 9**, stroked her way to personal bests in nearly every event. She raced to a three second time drop in her 100 breaststroke and two seconds in her 50. **Angelica Feliz, 9**, raced to a three second time drop in her 50 back and two more seconds in her 100 IM. **Jack Fenton, 9**, touch the wall with a personal best in his 50 back. **Sean Finias, 10**, stroked his way to a better seed time in his 100 back. **Vanessa Finnan, 10**, chopped more than ten seconds from her seed time in the 100 back. She also sliced time in her 100 breaststroke and 100 free swims. **Kayla Gagnon, 10**, swam a strong meet slicing her seed time in several events. She shed time in her 50 back, 100 IM, and 100 free swims. **Allison Gozdan, 9**, picked up new JO cuts in her 50 back and 50 fly swims. **Victoria Hampton, 9**, swam a strong meet slicing her seed time in several of her swims. She picked up a new BB time standard in her 100 IM. She also shaved over two seconds from her 50 fly. **Jarod Holgado, 10**, raced to a new BB time in his 100 free, by way of a five second time drop. **Steffi Holland, 10**, brought home a new B time standard in her 50 back. She also sliced more than eight seconds from his 200 free. **Brianna Horn, 10**, sliced over two seconds from her 50 fly. **Annie Hughes, 9**, stroked her way to a personal best in her 100 IM. **Natalie Kelly, 10**, raced to a new BB time standard in her 100 IM by slicing more than four seconds. She also sliced time in her 50 back. **Lauren Kerner, 10**, chopped over eight seconds from her 100 breaststroke and shaved time in her 50 breaststroke. **Gracie Kowal, 10**, raced to personal bests in both her 50 back and 100 backstroke events. **Molly Kowal, 10**, picked up a new A time standard in her 100 breaststroke. Molly sliced her seed time in several other events, the 50 fly, 200 IM, 100 free and 50 breaststroke. **Sophia Kurtz, 9**, swam a strong meet slicing her seed time in nearly every event. She chopped over six seconds from her 200 free and five from her 100 IM. **Marlee Lakernick, 10**, brought home a new B time standard in her 50 fly. She also shaved time in her 100 breaststroke, and 100 backstroke.



**Melissa Layman, 9**, powered her way to personal bests in three of her swims, 50 back, 50 fly, and her 100 backstroke swims. **Emily Lund, 10**, raced hard to the wall in all her swims. **Connor MacNeill, 9**, sliced time in his 100 breaststroke, 50 back, and 100 free events. **Gabby Mariano, 9**, shaved his seed time in his 50 free and 50 back. **Jake Marrazzo, 9**, powered his way to the wall in all his swims. **Meilin McElhill, 10**, had his breaststroke really on for this meet chopping a whopping twelve seconds from her 100 and slicing more time in her 50 breaststroke. **Matt McGough, 10**, swam the 400 IM and dropped more than eleven seconds. **Sarah McGough, 10**, raced to a new A time standard in her 50 back. She also shaved over four seconds from her 100 free seed time. **Kyle McIver, 9**, stroked his way to a seven second time drop in his 100 IM. He also shaved time in his 100 backstroke. **Alec Moffit, 10**, sliced his seed time in his 50 back and 50 free swims. **Abbey Neveling, 10**, powered her way to the wall in all her swims. **Carlos Obregon, 10**, swam a great 100 breaststroke slicing more than six seconds. He also cut over two seconds for a new BB time in his 50. **Elizabeth Olson, 10**, swam a strong meet dropping over fifteen seconds in her 100 fly for a new A time standard. She also picked up JO cuts in her 500 free and 100 fly swims. **Justin Parikh, 9**, stroked his way to a five second time drop in his 100 free. **Evan Raiken, 9**, raced to a new B time in his 50 fly by way of a one second time drop. **Jenni Ramirez, 9**, powered her way to the wall in all her swims. **Nicholas Rosa, 10**, stroked his way to a

personal best in his 50 back and 100 free events. **Kelly Schuehler, 10**, blasted her way to a near three second time drop in her 100 IM. **Mark Shekhter, 10**, stroked his way to a new B time standard in his 50 back. His 100 back dropped by more than four seconds. Nicole Shek, 10, powered her way to the wall in all her swims. **Noah Shepard, 10**, stroked her way to personal bests in her 50 back and 50 free. He brought home a new B time in his 100 back and a BB time standard in his 50 back. **Meg Sigmund, 9**, raced to a personal best in her 50 back. Mike Sonnie, 9, bettered his seed time by more than a second in his 50 free. **Charlotte Stern, 9**, powered her way to the wall in all her swims. Jozie Thomas, 9, really stepped it up dropping his seed time in both his 50 back and 50 free. Carlee Timmins, 10, chopped more than six seconds from her 100 IM. Ryo Tsuda, 9, bettered his seed time in several of his swims. Most notably his two second tiem drop in the 100 back.