

Jersey Wahoos Swim Club

2011-2012 Pre-Team & Junior Prep Programs

The Jersey Wahoos Swim Club is now offering programs for children who can swim the strokes and are looking to refine and master butterfly, backstroke, breaststroke, and freestyle. We now offer five programs on a weekend basis for beginner to intermediate level swimmers.

SATURDAY

Competitive Readiness 8:30-9:15am	For 5-9 year olds who can swim freestyle & backstroke and have knowledge of breaststroke & butterfly. Swimmers are not ready for Pre-Teams or Swim Team. Practices in the lesson pool.	\$205 / session member \$270 / session nonmember
Pre-Team 1 5:00-5:45pm	Beginning swimmers, 5-8 years old, who want to learn to master the 4 competitive strokes & are not ready for our swim team.	\$205 / session member \$270 / session nonmember
Pre-Team 2 5:45-6:30pm	Intermediate level swimmers, 6-10 years old, who want to refine the four competitive strokes & are not ready for our Junior level team.	\$205 / session member \$270 / session nonmember
Junior Prep A 6:30-7:30pm	Stroke mechanic work for 11-14 year old swimmers who want to improve their technique and endurance.	\$240 / session member \$320 / session nonmember

SUNDAY

Junior Prep B 11:30am-12:15pm	Stroke mechanic work for 8-12 year old swimmers who want to improve their technique and endurance.	\$205 / session member \$270 / session nonmember
Pre-Team 2 12:15-1:00pm	Intermediate level swimmers, 6-10 years old, who want to refine the four competitive strokes and are not ready for our Junior level swim team.	\$205 / session member \$270 / session nonmember

Schedule of Practices

Saturday			
Session 1		Session 2	
Sep	17, 24	Jan	
Oct	1, 15*, 29	Feb	4, 11, 18
Nov	5, 12, 19, 26	Mar	3, 10, 17, 24, 31
Dec	3, 10, 17	Apr	14, 21, 28
Jan	7, 21	May	5, 12, 19

Sunday			
Session 1		Session 2	
Sep	18, 25	Jan	
Oct	2, 16, 30	Feb	5*, 12, 19*,
Nov	6, 13, 20, 27	Mar	4, 11, 18, 25
Dec	4**, 11, 18	Apr	1, 15, 22, 29
Jan	8, 22	May	6, 13, 20

NOTES:

- NO-REFUNDS**
- Two 14-week sessions.
- Limited Group Size per session.
- There is a Registration Fee of \$30.00 for one swimmer, \$50.00 for 2 or more in family.
- Registration Fee and Session Payment of Swim Group required to hold a spot.
- Swim meets are available and optional to any swimmer who wishes to participate. There is a \$60 USA / Middle Atlantic Swimming registration fee in addition to program fee for those swimmers interested in swimming meets.
- NO MAKE UPS for missed practices.
- NOT MEANT FOR JERSEY WAHOOS SWIMMERS ALREADY ON THE SWIM TEAM!
- Registration includes (1) Team Cap.
- **Maybe combined with Saturday groups (TBA)
- *Maybe combined with Sunday groups (TBA)